

October 2026 - Memory Care

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	Locations Legend: 8th Floor Dining Room (8D) 8th Floor Patio (8P) 8th Floor Recreation Room (8R) Creative Studio (C) Excursion (E) Theatre (T)			¹ 10:00 Scenic Drive (E) 11:00 Stretch Class (8R) 2:00 Oktoberfest Party (8D) 3:30 Bocce Ball (8R) 6:30 Movie Night (8R) 7:30 Tea and Snack (8D)	² 9:30 Kingsland Day Care Visit (8D) 11:00 Cardio Class (8R) 2:30 Music with Jimmy (8D) 3:30 Hand Massages & Manicures (8R) 7:00 Karaoke Night (8R) 7:30 Tea and Snack (8D)	³ 9:30 Weekend Puzzlers (8D) 11:00 Strength Class (8R) 2:00 Watercolour Painting with Carolina (8D) 3:30 Badminton (8D) 6:30 Movie Night (8R) 7:30 Tea and Snack (8D)
⁴ 9:30 Virtual Church Service (8D) 11:00 Stretch Class (8R) 1:30 Spotify Music Group (8D) 3:30 Football (8D) 6:30 Staff Choice (8R) 7:30 Tea and Snack (8D)	⁵ 10:00 Scenic Drive (E) 11:00 Balance Class (8D) 2:30 Music with Jimmy (8D) 3:30 Indoor Curling (8D) 6:30 Cooking Show (8R) 7:30 Tea and Snack (8D)	⁶ 9:00 Short Story Read Aloud (8D) 11:00 Cardio Class (8R) 2:00 Live Music: Donovan Seidle (violin) & Marcin Swoboda (viola) (T) 3:30 Boxing (8D) 6:30 Movie Night (8R) 7:30 Tea and Snack (8D)	⁷ 10:00 Music with Kathryn (8D) 11:15 Strength Class (8D) 2:00 Baking: Pumpkin Pie (8D) 3:30 Pumpkin Pie Social (8D) 6:30 Dancing with the Stars (8R) 7:30 Tea and Snack (8D)	⁸ 10:00 Scenic Drive (E) 11:00 Stretch Class (8R) 2:00 High Tea: Thanksgiving (D) 3:00 Live Music: Jerry Hashman (banjo) (8D) 3:30 Bocce Ball (8R) 6:30 Movie Night (8R) 7:30 Tea and Snack (8D)	⁹ 9:30 Jigsaw Puzzles (8D) 11:00 Cardio Class (8R) 2:30 Music with Jimmy (8D) 3:30 Colour Toss Game (8D) 7:00 Karaoke Night (8R) 7:30 Tea and Snack (8D)	¹⁰ 9:30 Weekend Puzzlers (8D) 11:00 Strength Class (8R) 2:00 Watercolour Painting with Carolina (8D) 3:30 Bowling (8D) 6:30 Movie Night (8R) 7:30 Tea and Snack (8D)
¹¹ 9:30 Virtual Church Service (8D) 11:00 Stretch Class (8R) 1:30 Spotify Music Group (8D) 3:30 Flower Arranging (8D) 6:30 Staff Choice (8R) 7:30 Tea and Snack (8D)	¹² Thanksgiving 9:00 Chronicles & Coffee (8D) 11:00 Balance Class (8D) 2:30 Music with Jimmy (8D) 3:30 Thanksgiving BINGO for Prizes (8D) 6:30 Cooking Show (8R) 7:30 Tea and Snack (8D)	¹³ 9:00 Short Story Read Aloud (8D) 11:00 Cardio Class (8R) 2:00 Live Music: Deborah Nyack (harp) (T) 3:30 Craft: Sock Pumpkins (8D) 6:30 Movie Night (8R) 7:30 Tea and Snack (8D)	¹⁴ 10:00 Music with Kathryn (8D) 11:15 Strength Class (8D) 2:00 Live Music: Lana Sawatzky (piano) (T) 3:30 Trivia (8D) 6:30 Dancing with the Stars (8R) 7:30 Tea and Snack (8D)	¹⁵ 10:00 Scenic Drive (E) 11:00 Stretch Class (8R) 2:00 Tea Around the World: Belgium (8D) 3:00 Bocce Ball (8R) 4:30 Menu Theme: Belgium (8D) 6:30 Movie Night (8R) 7:30 Tea and Snack (8D)	¹⁶ 9:30 Kingsland Day Care Visit (8D) 11:00 Cardio Class (8R) 2:30 Music with Jimmy (8D) 3:30 Hand Massages & Manicures (8R) 7:00 Karaoke Night (8R) 7:30 Tea and Snack (8D)	¹⁷ 9:30 Weekend Puzzlers (8D) 11:00 Strength Class (8R) 2:00 Watercolour Painting with Carolina (8D) 3:30 Ladder Ball (8D) 6:30 Movie Night (8R) 7:30 Tea and Snack (8D)

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18 9:30 Virtual Church Service (8D) 11:00 Stretch Class (8R) 1:30 Spotify Music Group (8D) 3:30 Noodle Ball (8D) 6:30 Staff Choice (8R) 7:30 Tea and Snack (8D)	19 10:00 Live Music: Tim Gareau (guitar & singing) (8D) 11:00 Balance Class (8D) 2:30 Music with Jimmy (8D) 3:30 Pumpkin Parachute Games (8R) 6:30 Cooking Show (8R) 7:30 Tea and Snack (8D)	20 10:00 Scenic Drive (E) 11:00 Cardio Class (8R) 2:00 Live Music: Cody Obst (piano) (T) 3:30 Craft: Patchwork Pumpkins (8D) 6:30 Movie Night (8R) 7:30 Tea and Snack (8D)	21 10:00 Music with Kathryn (8D) 11:15 Strength Class (8D) 2:00 Popcorn & Movie Matinee: It's the Great Pumpkin, Charlie Brown (1966 Animation /Family) (T) 3:30 Soccer (8R) 6:30 Dancing with the Stars (8R) 7:30 Tea and Snack (8D)	22 10:00 Scenic Drive (E) 11:00 Stretch Class (8R) 2:00 Java Music Club (8D) 3:30 Bocce Ball (8R) 6:30 Movie Night (8R) 7:30 Tea and Snack (8D)	23 9:30 Jigsaw Puzzles (8D) 11:00 Cardio Class (8R) 2:30 Music with Jimmy (8D) 3:30 Basketball (8D) 7:00 Karaoke Night (8R) 7:30 Tea and Snack (8D)	24 9:30 Weekend Puzzlers (8D) 11:00 Strength Class (8R) 2:00 Watercolour Painting with Carolina (8D) 3:30 Shuffleboard (8D) 6:30 Movie Night (8R) 7:30 Tea and Snack (8D)
Halloween Spirit Week: Sweaters & Sleepwear 25 9:30 Virtual Church Service (8D) 11:00 Stretch Class (8R) 1:30 Spotify Music Group (8D) 3:30 Game: Halloween Bean Bag Toss (8D) 6:30 Staff Choice (8R)	Halloween Spirit Week: Disney 26 9:00 Short Story Read Aloud (8D) 11:00 Balance Class (8D) 2:30 Music with Jimmy (8D) 3:30 Pumpkin Cleaning (8R) 6:30 Cooking Show (8R)	Halloween Spirit Week: Iconic Duo's 27 10:00 Scenic Drive (E) 11:00 Cardio Class (8R) 2:00 Live Music: Stephanie Soltice-Johnson (violin) & Katrina Johnson (violin) (T) 3:30 Pumpkin Painting (8R) 6:30 Movie Night (8R)	Halloween Spirit Week: Witches & Wizards 28 10:00 Music with Kathryn (8D) 11:15 Strength Class (8D) 2:00 Game: Witch Hat Ring Toss (8R) 3:00 Live Music: Boaz Joseph (Baritone Ukulele) (T) 6:30 Dancing with the Stars (8R) 7:30 Tea and Snack (8D)	Halloween Spirit Week: Goth & Grunge 29 10:00 Scenic Drive (E) 11:00 Stretch Class (8R) 2:00 Walking Club: Reverse Trick or Treating (E) 3:30 Bocce Ball (8R) 6:30 Movie Night (8R) 7:00 Karaoke Night (8R)	Halloween Spirit Week: Heroes vs Villains 30 9:30 Kingsland Day Care Visit (8D) 11:00 Cardio Class (8R) 2:30 Music with Jimmy (8D) 3:30 Halloween Mini Golf (8D) 7:00 Karaoke Night (8R)	Halloween 31 Halloween Spirit Week: Favourite Costume 9:30 Weekend Puzzlers (8D) 11:00 Strength Class (8R) 2:00 Watercolour Painting with Carolina (8D) 3:30 Halloween Party (8R) 6:30 Movie Night (8R)