

August 2026 - Memory Care

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	Locations Legend: 8th Floor Dining Room (8D) 8th Floor Patio (8P) 8th Floor Recreation Room (8R) Creative Studio (C) Excursion (E) Theatre (T)					¹ 9:30 Weekend Puzzlers (8D) 11:00 Strength Class (8R) 2:00 Watercolour Painting with Carolina (8R) 3:30 Badminton (8R) 6:30 Movie Night (8R) 7:30 Tea and Snack (8D)
² 9:30 Virtual Church Service (8D) 11:00 Stretch Class (8R) 1:30 Spotify Music Group (8D) 3:30 Football (8R) 6:30 Staff Choice (8R) 7:30 Tea and Snack (8D)	Civic Holiday ³ 9:45 Music with Jimmy (8D) 11:00 Balance Class (8D) 2:00 BINGO for Prizes (8D) 3:30 Fishing on the Patio (8P) 6:30 Cooking Show (8R) 7:30 Tea and Snack (8D)	⁴ 9:30 Chronicles & Coffee (8D) 11:00 Cardio Class (8R) 2:00 Live Music: David Hirschman (guitar) (T) 3:30 Gardening Club (8P) 6:30 Movie Night (8R) 7:30 Tea and Snack (8D)	⁵ 10:00 Music with Kathryn (8D) 11:15 Strength Class (8D) 2:00 Live Music: Jerry Hashman (banjo) (T) 3:30 Ice Cream Sundae Social (8D) 6:30 Dancing with the Stars (8R) 7:30 Tea and Snack (8D)	⁶ 10:00 Scenic Drive (E) 11:00 Stretch Class (8R) 2:00 Live Music: Jerry Hashman (banjo) (8D) 3:30 Bocce Ball (8R) 6:30 Movie Night (8R) 7:30 Tea and Snack (8D)	⁷ 9:30 Kingsland Day Care Visit (8D) 11:00 Cardio Class (8R) 2:30 Music with Jimmy (8D) 3:30 Walking Club (E) 7:00 Karaoke Night (8R) 7:30 Tea and Snack (8D)	⁸ 9:30 Weekend Puzzlers (8D) 11:00 Strength Class (8R) 2:00 Watercolour Painting with Carolina (8R) 3:30 Bowling (8R) 6:30 Movie Night (8R) 7:30 Tea and Snack (8D)
⁹ 9:30 Virtual Church Service (8D) 11:00 Stretch Class (8R) 1:30 Spotify Music Group (8D) 3:30 Indoor Curling (8R) 6:30 Staff Choice (8R) 7:30 Tea and Snack (8D)	¹⁰ 10:00 Popsicle Making Workshop (8D) 11:00 Balance Class (8D) 2:00 Sing Along: ABBA Hits (8D) 3:30 Giant Dart Game (8R) 6:30 Cooking Show (8R) 7:30 Tea and Snack (8D)	¹¹ 10:00 Scenic Drive (E) 11:00 Cardio Class (8R) 2:00 Live Music: Natalie Inga (singer/songwriter) & Alex Klipper (T) 3:30 Gardening Club (8P) 6:30 Movie Night (8R) 7:30 Tea and Snack (8D)	¹² 10:00 Music with Kathryn (8D) 11:15 Strength Class (8D) 2:00 Live Music: Boaz Joseph (Baritone Ukulele) (T) 3:30 Popsicle's & Patio Games Social (8P) 6:30 Dancing with the Stars (8R) 7:30 Tea and Snack (8D)	¹³ 10:00 Scenic Drive (E) 11:00 Stretch Class (8R) 2:00 High Tea: Mamma Mia (D) 3:30 Bocce Ball (8R) 6:30 Movie Night (8R) 7:30 Tea and Snack (8D)	¹⁴ 9:30 Jigsaw Puzzles (8D) 11:00 Cardio Class (8R) 2:30 Java Music Club (8D) 3:30 Soccer (8D) 7:00 Karaoke Night (8R) 7:30 Tea and Snack (8D)	¹⁵ 9:30 Weekend Puzzlers (8D) 11:00 Strength Class (8R) 2:00 Watercolour Painting with Carolina (8R) 3:30 Ladder Ball (8R) 6:30 Movie Night (8R) 7:30 Tea and Snack (8D)

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16 9:30 Virtual Church Service (8D) 11:00 Stretch Class (8R) 1:30 Spotify Music Group (8D) 3:30 Craft: Fabric Poking Flowers (8R) 6:30 Staff Choice (8R) 7:30 Tea and Snack (8D)	17 9:45 Music with Elle (8D) 11:00 Balance Class (8D) 2:00 Family Feud (8R) 3:30 Parachute Games (8R) 6:30 Cooking Show (8R) 7:30 Tea and Snack (8D)	18 10:00 Scenic Drive (E) 11:00 Cardio Class (8R) 2:00 Live Music: Josephine van Lier (viola da gamba/cello) (T) 3:30 Gardening Club (8P) 6:30 Movie Night (8R) 7:30 Tea and Snack (8D)	19 10:00 Music with Kathryn (8D) 11:15 Strength Class (8D) 2:00 Tea Around the World: Vietnam (8D) 3:30 Tai Chi Class (8R) 4:30 Menu Theme: Vietnam (8D) 6:30 Dancing with the Stars (8R) 7:30 Tea and Snack (8D)	20 10:30 TLW Mini Walk & Run for Alzheimer's (E) 2:00 Trivia Game: The Floor (8D) 3:30 Bocce Ball (8R) 6:30 Movie Night (8R) 7:30 Tea and Snack (8D)	21 9:30 Kingsland Day Care Visit (8D) 11:00 Cardio Class (8R) 2:30 Music with Jimmy (8D) 3:30 Walking Club (E) 7:00 Karaoke Night (8R) 7:30 Tea and Snack (8D)	22 9:30 Weekend Puzzlers (8D) 11:00 Strength Class (8R) 2:00 Watercolour Painting with Carolina (8R) 3:30 Shuffleboard (8R) 6:30 Movie Night (8R) 7:30 Tea and Snack (8D)
23 9:30 Virtual Church Service (8D) 11:00 Stretch Class (8R) 1:30 Spotify Music Group (8D) 3:30 Mini Golf (8R) 6:30 Staff Choice (8R) 7:30 Tea and Snack (8D)	24 9:45 Music with Jimmy (8D) 11:00 Balance Class (8D) 2:00 Trivia (8D) 3:30 Indoor Tetherball (8R) 6:30 Cooking Show (8R) 7:30 Tea and Snack (8D)	25 10:00 Scenic Drive (E) 11:00 Cardio Class (8R) 2:00 Live Music: Emily Phernambucq (flute) & Augustine Yates (piano) (T) 3:30 Gardening Club (8P) 6:30 Movie Night (8R) 7:30 Tea and Snack (8D)	26 10:00 Music with Kathryn (8D) 11:15 Strength Class (8D) 2:00 Live Music: Marcelo Soria (pan flute) (T) 3:30 Volleyball (8D) 6:30 Dancing with the Stars (8R) 7:30 Tea and Snack (8D)	27 9:30 Chronicles & Coffee (8D) 11:00 Stretch Class (8R) 2:00 Live Music: Peter at the Piano (T) 3:30 Bocce Ball (8R) 6:30 Movie Night (8R) 7:30 Tea and Snack (8D)	28 9:30 Jigsaw Puzzles (8D) 11:00 Cardio Class (8R) 2:30 Music with Jimmy (8D) 3:30 Walking Club (E) 7:00 Karaoke Night (8R) 7:30 Tea and Snack (8D)	29 9:30 Weekend Puzzlers (8D) 11:00 Strength Class (8R) 2:00 Watercolour Painting with Carolina (8R) 3:30 Beach Ball Games (8R) 6:30 Movie Night (8R) 7:30 Tea and Snack (8D)
30 9:30 Virtual Church Service (8D) 11:00 Stretch Class (8R) 1:30 Spotify Music Group (8D) 3:30 Corn Hole Game (8R) 6:30 Staff Choice (8R) 7:30 Tea and Snack (8D)	31 9:30 Chronicles & Coffee (8D) 11:00 Balance Class (8D) 2:30 Music with Jimmy (8D) 3:30 Hover Ball (8R) 6:30 Cooking Show (8R) 7:30 Tea and Snack (8D)					