

July 2026 - Memory Care

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	Locations Legend: 8th Floor Dining Room (8D) 8th Floor Patio (8P) 8th Floor Recreation Room (8R) Creative Studio (C) Excursion (E) Theatre (T)		Canada Day ¹ 10:00 Music with Kathryn (8D) 11:15 Strength Class (8D) 2:00 Canada Day Celebration (8D) 3:30 Crokinole Tournament (8D) 6:30 Dancing with the Stars (8R) 7:30 Tea and Snack (8D)	² 10:00 Scenic Drive (E) 11:00 Stretch Class (8R) 2:00 Sing Along: Country Hits (8D) 3:30 Bocce Ball (8R) 6:30 Movie Night (8R) 7:30 Tea and Snack (8D)	³ 9:00 Virtual Calgary Stampede Parade (8D) 11:00 Cardio Class (8R) 2:30 Music with Elle (8D) 3:30 Walking Club (E) 7:00 Karaoke Night (8R) 7:30 Tea and Snack (8D)	⁴ 9:30 Weekend Puzzlers (8D) 11:00 Strength Class (8R) 2:00 Craft: Wood Cowboy Boot Painting (8R) 3:00 Target Shooting Game (8R) 6:30 Movie Night (8R) 7:30 Tea and Snack (8D)
⁵ 9:30 Virtual Church Service (8D) 11:00 Stretch Class (8R) 1:30 Spotify Music Group (8D) 3:00 Horse Shoes (8R) 6:30 Staff Choice (8R) 7:30 Tea and Snack (8D)	⁶ 10:00 Chronicles & Coffee (8D) 11:00 Balance Class (8D) 2:00 Music with Sarah (8D) 3:00 Hover Ball (8D) 6:30 Cooking Show (8R) 7:30 Tea and Snack (8D)	⁷ 10:00 Stampede Scattergories (8D) 11:00 Cardio Class (8R) 2:00 Live Music: Anastasiia (violin) & Alex (guitar) (T) 3:00 Butterfield Acres Petting Zoo (BP) 6:30 Movie Night (8R) 7:30 Tea and Snack (8D)	⁸ 10:00 Music with Kathryn (8D) 11:15 Strength Class (8D) 2:00 High Tea: Disco Cowboy (D) 3:00 Live Music: Jerry Hashman (banjo) (T) 6:30 Dancing with the Stars (8R) 7:30 Tea and Snack (8D)	⁹ 10:00 Scenic Drive (E) 11:00 Stretch Class (8R) 1:30 Virtual Calgary Stampede Rodeo (8D) 3:30 Bocce Ball (8R) 6:30 Movie Night (8R) 7:30 Tea and Snack (8D)	¹⁰ 9:30 Kingsland Day Care Visit (8D) 11:00 Cardio Class (8R) 2:30 Music with Jimmy (8D) 3:30 Walking Club (E) 7:00 Karaoke Night (8R) 7:30 Tea and Snack (8D)	¹¹ 9:30 Weekend Puzzlers (8D) 11:00 Strength Class (8R) 1:30 Craft: Flower Arranging Frames (8R) 3:00 Badminton (8R) 6:30 Movie Night (8R) 7:30 Tea and Snack (8D)

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Sun	Mon	Tue	Wed	Thu	Fri	Sat
12	13	14	15	16	17	18
9:30 Virtual Church Service (8D) 11:00 Stretch Class (8R) 1:30 Spotify Music Group (8D) 3:00 Horse Race Derby Dice Game (8R) 6:30 Staff Choice (8R) 7:30 Tea and Snack (8D)	9:45 Music with Jimmy (8D) 11:00 Balance Class (8D) 2:00 Live Presentation: Creatures of the Deep (8D) 3:30 Fishing on the Patio (8P) 6:30 Cooking Show (8R) 7:30 Tea and Snack (8D)	10:00 Scenic Drive (E) 11:00 Cardio Class (8R) 2:00 Live Music: Emily Phernambucq (flute) & Augustine Yates (piano) (T) 3:30 Gardening Club (8P) 6:30 Movie Night (8R) 7:30 Tea and Snack (8D)	10:00 Music with Kathryn (8D) 11:15 Strength Class (8D) 2:00 Baking: Peach Cobbler (8D) 3:30 Peach Cobbler & Ice Cream Social (8D) 6:30 Dancing with the Stars (8R) 7:30 Tea and Snack (8D)	10:00 Scenic Drive (E) 11:00 Stretch Class (8R) 2:00 History Highlight: Canadian Musicians (8D) 3:30 Bocce Ball (8R) 6:30 Movie Night (8R) 7:30 Tea and Snack (8D)	9:30 Jigsaw Puzzles (8D) 11:00 Cardio Class (8R) 2:30 Java Music Club (8D) 3:30 Walking Club (E) 7:00 Karaoke Night (8R) 7:30 Tea and Snack (8D)	9:30 Weekend Puzzlers (8D) 11:00 Strength Class (8R) 1:30 Zen Garden Meditation (8R) 3:00 Ladder Ball (8R) 6:30 Movie Night (8R) 7:30 Tea and Snack (8D)
19	20	21	22	23	24	25
9:30 Virtual Church Service (8D) 11:00 Stretch Class (8R) 1:30 Spotify Music Group (8D) 3:00 Soccer (8R) 6:30 Staff Choice (8R) 7:30 Tea and Snack (8D)	9:45 Music with Jimmy (8D) 11:00 Balance Class (8D) 2:00 Trivia (8D) 3:30 Giant Dart Game (8R) 6:30 Cooking Show (8R) 7:30 Tea and Snack (8D)	10:00 Scenic Drive (E) 11:00 Cardio Class (8R) 2:00 Live Music: Michael Hope (vocals/bassoon) & Antoine St-Onge (bassoon) (T) 3:30 Gardening Club (8P) 6:30 Movie Night (8R) 7:30 Tea and Snack (8D)	10:00 Music with Kathryn (8D) 11:15 Strength Class (8D) 2:00 Live Music: Lana Sawatzky (piano) (T) 3:30 Indoor Curling (8R) 6:30 Dancing with the Stars (8R) 7:30 Tea and Snack (8D)	10:00 Scenic Drive (E) 11:00 Stretch Class (8R) 2:00 Tea Around the World: Spain (8D) 3:30 Bocce Ball (8R) 6:30 Movie Night (8R) 7:30 Tea and Snack (8D)	9:30 Kingsland Day Care Visit (8D) 11:00 Cardio Class (8R) 2:30 Music with Jimmy (8D) 3:30 Walking Club (E) 7:00 Karaoke Night (8R) 7:30 Tea and Snack (8D)	9:30 Weekend Puzzlers (8D) 11:00 Strength Class (8R) 1:30 Craft: Stencil Painting (8R) 3:00 Shuffleboard (8R) 6:30 Movie Night (8R) 7:30 Tea and Snack (8D)
26	27	28	29	30	31	
9:30 Virtual Church Service (8D) 11:00 Stretch Class (8R) 1:30 Spotify Music Group (8D) 3:00 Mini Golf (8R) 6:30 Staff Choice (8R) 7:30 Tea and Snack (8D)	9:45 Music with Jimmy (8D) 11:00 Balance Class (8D) 2:00 Craft: Photo Collaging (8R) 3:30 Indoor Tetherball (8R) 6:30 Cooking Show (8R) 7:30 Tea and Snack (8D)	10:00 Scenic Drive (E) 11:00 Cardio Class (8R) 2:00 Live Music: Tricia Edwards (piano) & Jim Brennan (saxophone) (T) 3:30 Gardening Club (8P) 6:30 Movie Night (8R) 7:30 Tea and Snack (8D)	10:00 Music with Kathryn (8D) 11:15 Strength Class (8D) 2:00 Scenic Drive & Ice Cream with a View (E) 6:30 Dancing with the Stars (8R) 7:30 Tea and Snack (8D)	10:00 Chronicles & Coffee (8D) 11:00 Stretch Class (8R) 2:00 Live Music: Peter at the Piano (T) 3:30 Bocce Ball (8R) 6:30 Movie Night (8R) 7:30 Tea and Snack (8D)	9:30 Jigsaw Puzzles (8D) 11:00 Cardio Class (8R) 2:30 Music with Jimmy (8D) 3:30 Walking Club (E) 7:00 Karaoke Night (8R) 7:30 Tea and Snack (8D)	