



May 2026 - Memory Care

Sun	Mon	Tue	Wed	Thu	Fri	Sat	
	<p>Locations Legend:</p> <p>8th Floor Dining Room (8D)</p> <p>8th Floor Patio (8P)</p> <p>8th Floor Recreation Room (8R)</p> <p>Creative Studio (C)</p> <p>Excursion (E)</p> <p>Theatre (T)</p>				<p style="text-align: right; color: green;">1</p> <p>9:30 Kingsland Day Care Visit (8D)</p> <p>11:00 Cardio Class (8R)</p> <p>2:30 Music with Jimmy (8D)</p> <p>3:30 Walking Club (8D)</p> <p>7:00 Karaoke Night (8R)</p> <p>7:30 Tea and Snack (8D)</p>	<p style="text-align: right; color: green;">2</p> <p>9:30 Weekend Puzzlers (8D)</p> <p>11:00 Strength Class (8R)</p> <p>1:30 Craft: Colouring (8R)</p> <p>3:00 Badminton (8R)</p> <p>6:30 Movie Night (8R)</p> <p>7:30 Tea and Snack (8D)</p>	
<p style="text-align: right; color: green;">3</p> <p>9:30 Virtual Church Service (8D)</p> <p>11:00 Stretch Class (8R)</p> <p>1:30 Spotify Music Group (8D)</p> <p>3:00 Football (8R)</p> <p>6:30 Staff Choice (8R)</p> <p>7:30 Tea and Snack (8D)</p>	<p style="text-align: right; color: green;">4</p> <p>9:45 Music with Jimmy (8D)</p> <p>11:00 Balance Class (8R)</p> <p>2:00 BINGO (8D)</p> <p>3:30 Hover Ball (8R)</p> <p>6:30 Cooking Show (8R)</p> <p>7:30 Tea and Snack (8D)</p>	<p style="text-align: right; color: green;">5</p> <p>9:30 Chronicles & Coffee (8D)</p> <p>11:00 Cardio Class (8R)</p> <p>2:00 Live Music: Deborah Nyack (harp) (T)</p> <p>3:30 Cinco De Mayo Social (8R)</p> <p>6:30 Movie Night (8R)</p> <p>7:30 Tea and Snack (8D)</p>	<p style="text-align: right; color: green;">6</p> <p>10:00 Music with Kathryn (8D)</p> <p>11:15 Strength Class (8R)</p> <p>2:00 Live Music: Jerry Hashman (banjo) (T)</p> <p>3:00 Paper Quilting (8R)</p> <p>6:30 Dancing with the Stars (8R)</p> <p>7:30 Tea and Snack (8D)</p>	<p style="text-align: right; color: green;">7</p> <p>10:00 Scenic Drive (E)</p> <p>11:00 Stretch Class (8R)</p> <p>2:00 Java Music Club (8R)</p> <p>3:30 Bocce Ball (8R)</p> <p>6:30 Movie Night (8R)</p> <p>7:30 Tea and Snack (8D)</p>	<p style="text-align: right; color: green;">8</p> <p>9:30 Jigsaw Puzzles (8D)</p> <p>11:00 Cardio Class (8R)</p> <p>2:30 Music with Jimmy (8D)</p> <p>3:30 Soccer (8D)</p> <p>7:00 Karaoke Night (8R)</p> <p>7:30 Tea and Snack (8D)</p>	<p style="text-align: right; color: green;">9</p> <p>9:30 Weekend Puzzlers (8D)</p> <p>11:00 Strength Class (8R)</p> <p>1:30 Craft: Watercolour Painting (8R)</p> <p>3:00 Bowling (8R)</p> <p>6:30 Movie Night (8R)</p> <p>7:30 Tea and Snack (8D)</p>	
<p>Mother's Day</p>	<p style="text-align: right; color: green;">10</p> <p>9:30 Virtual Church Service (8D)</p> <p>11:00 Stretch Class (8R)</p> <p>1:30 Spotify Music Group (8D)</p> <p>3:00 Flower Arranging (8R)</p> <p>6:30 Staff Choice (8R)</p> <p>7:30 Tea and Snack (8D)</p>	<p style="text-align: right; color: green;">11</p> <p>9:45 Music with Jimmy (8D)</p> <p>11:00 Balance Class (8R)</p> <p>2:00 Name That Tune (8D)</p> <p>3:30 Giant Dart Game (8R)</p> <p>6:30 Cooking Show (8R)</p> <p>7:30 Tea and Snack (8D)</p>	<p style="text-align: right; color: green;">12</p> <p>10:00 Scenic Drive (E)</p> <p>11:00 Cardio Class (8R)</p> <p>2:00 Live Music: David Morrissey (cello) & Antoine St-Onge (bassoon) (T)</p> <p>3:30 Fruit Refresher Bar Social (8P)</p> <p>6:30 Movie Night (8R)</p> <p>7:30 Tea and Snack (8D)</p>	<p style="text-align: right; color: green;">13</p> <p>10:00 Music with Kathryn (8D)</p> <p>11:15 Strength Class (8R)</p> <p>1:30 Baking: Lemon Squares (8D)</p> <p>3:00 Lemon Square Social (8R)</p> <p>6:30 Dancing with the Stars (8R)</p> <p>7:30 Tea and Snack (8D)</p>	<p style="text-align: right; color: green;">14</p> <p>10:00 Scenic Drive (E)</p> <p>11:00 Stretch Class (8R)</p> <p>2:00 High Tea: Apothecary Garden Party (D)</p> <p>3:30 Bocce Ball (8R)</p> <p>6:30 Movie Night (8R)</p> <p>7:30 Tea and Snack (8D)</p>	<p style="text-align: right; color: green;">15</p> <p>9:30 Kingsland Day Care Visit (8D)</p> <p>11:00 Cardio Class (8R)</p> <p>2:30 Music with Jimmy (8D)</p> <p>3:30 Basketball (8D)</p> <p>7:00 Karaoke Night (8R)</p> <p>7:30 Tea and Snack (8D)</p>	<p style="text-align: right; color: green;">16</p> <p>9:30 Weekend Puzzlers (8D)</p> <p>11:00 Strength Class (8R)</p> <p>1:30 Craft: Painting Wood Flowers (8R)</p> <p>3:00 Ladder Ball (8R)</p> <p>6:30 Movie Night (8R)</p> <p>7:30 Tea and Snack (8D)</p>

May 2026 - Memory Care

Sun	Mon	Tue	Wed	Thu	Fri	Sat
17	Victoria Day	18	19	20	21	22
9:30 Virtual Church Service (8D)	9:45 Music with Jimmy (8D)	9:30 Chronicles & Coffee (8D)	10:00 Music with Kathryn (8D)	10:00 Scenic Drive (E)	9:30 Jigsaw Puzzles (8D)	9:30 Weekend Puzzlers (8D)
11:00 Stretch Class (8R)	11:00 Balance Class (8R)	11:00 Cardio Class (8R)	11:30 Strength Class (8R)	11:00 Stretch Class (8R)	11:00 Cardio Class (8R)	11:00 Strength Class (8R)
1:30 Spotify Music Group (8D)	2:00 Trivia (8R)	2:00 Live Music: Northern Horn Quartet (T)	2:00 Live Music: Lana Sawatzky (piano) (C)	2:00 Live Music: Joel Spire (piano & singing) (T)	2:30 Music with Jimmy (8D)	1:30 Craft: Stained Glass Solar System (8R)
3:00 Indoor Curling (8R)	3:30 Indoor Tetherball (8R)	3:30 Obie Games (8R)	3:00 Flower Gardening (8P)	3:30 Bocce Ball (8R)	3:30 Walking Club (E)	3:00 Shuffleboard (8R)
6:30 Staff Choice (8R)	6:30 Cooking Show (8R)	6:30 Movie Night (8R)	6:30 Dancing with the Stars (8R)	6:30 Movie Night (8R)	7:00 Karaoke Night (8R)	6:30 Movie Night (8R)
7:30 Tea and Snack (8D)	7:30 Tea and Snack (8D)	7:30 Tea and Snack (8D)	7:30 Tea and Snack (8D)	7:30 Tea and Snack (8D)	7:30 Tea and Snack (8D)	7:30 Tea and Snack (8D)
24	25	26	27	28	29	30
9:30 Virtual Church Service (8D)	9:45 Music with Jimmy (8D)	10:00 Scenic Drive (E)	10:00 Music with Kathryn (8D)	9:30 Chronicles & Coffee (8D)	9:30 Kingsland Day Care Visit (8D)	9:30 Weekend Puzzlers (8D)
11:00 Stretch Class (8R)	11:00 Balance Class (8R)	11:00 Cardio Class (8R)	11:15 Strength Class (8R)	11:00 Stretch Class (8R)	11:00 Cardio Class (8R)	11:00 Strength Class (8R)
1:30 Spotify Music Group (8D)	2:00 Family Feud (8R)	2:00 Live Music: Adam Pettigrew (double bass), Fraser Calhoun (saxophone) & Nathaniel Chiang (drums) (T)	1:30 Baking: Flower Cookies (8D)	2:00 Flower Pot Pal Painting (8R)	2:30 Music with Jimmy (8D)	1:30 Craft: Chalk Hydro Dipping (8R)
3:00 Mini Golf (8R)	3:30 Parachute Games (8R)	3:30 Herb Gardening (8P)	3:00 Cookie Decorating Social (8D)	3:30 Bocce Ball (8R)	3:30 Beach Ball Games (8D)	3:00 Corn Hole Game (8R)
6:30 Staff Choice (8R)	6:30 Cooking Show (8R)	6:30 Movie Night (8R)	6:30 Dancing with the Stars (8R)	6:30 Movie Night (8R)	7:00 Karaoke Night (8R)	6:30 Movie Night (8R)
7:30 Tea and Snack (8D)	7:30 Tea and Snack (8D)	7:30 Tea and Snack (8D)	7:30 Tea and Snack (8D)	7:30 Tea and Snack (8D)	7:30 Tea and Snack (8D)	7:30 Tea and Snack (8D)
31						
9:30 Virtual Church Service (8D)						
11:00 Stretch Class (8R)						
1:30 Spotify Music Group (8D)						
3:00 Fishing on the Patio (8P)						
6:30 Staff Choice (8R)						
7:30 Tea and Snack (8D)						