

April 2026 - Birch & Oak

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	Locations Legend: Bistro (B) Chickadee Meeting Room (CM) Creative Studio (C) Dining Room (D) Excursion (E) Games Lounge (G) Health Clinic 2 (H2) Library (L) Private Dining Room (PDR) Theatre (T) Wellness Centre (W) Woodshop (WS) Oak Lobby (O) Blue: Register at Reception *Asterisk: Resident Run Program		1 10:00 Sit Fit (W) 10:00 Shopping: South Centre Mall (E) 1:00 Card Games & Lessons: Bridge * (G) 1:00 Card Games & Lessons: Bug Your Neighbor * (G) 1:00 Urban Pole Walking (W) 2:00 Live Music: Jerry Hashman (banjo) (T) 3:00 Bocce Ball * (T) 3:00 Craft & Sip: Mod Podge Easter Eggs (C) 4:00 Wine Wednesday (G) 7:00 Movie Night: City Hall (1996 Thriller /Crime) (T)	2 10:00 Cardio Class (W) 11:00 Pop Up Shop: Fifth Avenue Collection Jewelry (11:00 - 2:00) (C) 1:00 Stretch Class (W) 1:00 Card Games & Lessons: Canasta * (G) 2:00 Live Music: Heather Thirsk (piano & singing) (T) 3:00 Pet Therapy: Peanut the Bunny (C) 7:00 Movie Night: Singin' in the Rain (1952 Musical/ Comedy) (T) 8:00 Calgary Flames Game (G)	Good Friday 3 10:00 Balance Class (W) 11:00 Virtual Church Service (T) 1:00 Card Games & Lessons: Bridge * (G) 1:00 Board Game: Chess * (G) 1:00 Easter Egg Filling (C) 2:00 Spotify Music Group * (T) 4:00 Garden Tower Maintenance * (O) 7:00 Movie Night: Easter Parade (1948 Musical /Romance) (T) 7:00 Hong Kong Mahjong * (G)	4 10:00 Strength Class (W) 1:00 Card Games & Lessons: Whist * (G) 1:00 Virtual Performance: Jeff Allen (2017 Stand Up Comedy) (T) 2:00 Happy Hour (B) 3:00 Bocce Ball * (T) 7:00 Movie Night: Mary Poppins (1964 Family /Musical) (T) 8:00 Calgary Flames Game (G)
			Easter 5 9:30 Easter Egg Hunt Begins () 10:00 Stretch Class (W) 11:00 Virtual Church Service (T) 1:00 Movie Matinee: The Sound of Music (1965 Musical /Family) (T) 1:00 Board Games & Lessons: Rummikub * (G) 3:00 Colouring Club: Easter Eggs * (C) 7:00 Movie Night: Zootopia 2 (2025 Family /Comedy) (T)	6 10:00 Strength Class (W) 11:00 Knitting Club * (C) 1:00 Card Games & Lessons: Crib * (G) 1:00 Stretch Class (W) 2:00 Sing Along: Songs of Spring (T) 3:00 Indoor Curling * (C) 7:00 Virtual Concert: Celebrating Joni Mitchell (2019 Variety Act) (T)	7 10:00 Balance Class (W) 10:00 Groceries: Save on Foods (E) 1:00 Zumba Gold (W) 1:00 Card Games & Lessons: Euchre * (G) 2:00 Live Music: Cody Obst (piano) and Celtic Duo (T) 3:00 Bocce Ball * (T) 3:30 Craft for Charity: Painting Zippered Pouches (C) 6:00 Calgary Flames Game (G) 7:00 Movie Night: Death on the Nile (2022 Mystery /Crime) (T) 7:00 BINGO Night for Prizes (C)	8 10:00 Balance & Fall Prevention (W) 10:00 Shopping: Walmart (E) 1:00 Card Games & Lessons: Bridge * (G) 1:00 Card Games & Lessons: Bug Your Neighbor * (G) 1:00 Urban Pole Walking (W) 2:00 Excursion: Downtown Calgary Art Tour (E) 3:00 Bocce Ball * (T) 4:00 Wine Wednesday (G) 7:00 Movie Night: Music by John Williams (2024 Documentary) (T)
12 9:00 Live Golf Tournament: Final Day of the Masters (G) 10:00 Stretch Class (W) 11:00 Virtual Church Service (T) 1:00 Movie Matinee: Once Upon a Time in Hollywood (2019 Comedy /Western) (T) 1:00 Board Games & Lessons: Rummikub * (G) 3:00 Colouring Club * (C) 7:00 Movie Night: Safe Haven (2013 Romance /Mystery) (T) 7:00 Calgary Flames Game (G)	13 10:00 Strength Class (W) 10:00 Groceries: Safeway (E) 11:00 Knitting Club * (C) 1:00 Card Games & Lessons: Crib * (G) 1:00 Stretch Class (W) 2:00 Choir Practice (T) 3:00 Indoor Curling * (C) 7:00 Movie Night: Les Misérables (2012 Musical /Romance) (T)	14 9:30 Hearing Art Clinic (9:30-3:00) (H2) 10:00 Balance Class (W) 11:00 Current Events Club: Alberta Coal Mining Petition (C) 1:00 Zumba Gold (W) 1:00 Card Games & Lessons: Euchre * (G) 1:30 Alteration Services (C) 2:00 Live Music: David Hirschman (guitar) & Mary Boyes (vocals) (T) 3:00 Bocce Ball * (T) 3:15 Craft & Sip: Walker & Wheelchair Jewelry (C) 7:00 Movie Night: African Cats (2011 Documentary /Adventure) (T) 7:00 Trivia Night (C) 7:00 Calgary Flames Game (G)	15 10:00 Sit Fit (W) 10:00 Shopping: Chinook Mall (E) 1:00 Card Games & Lessons: Bridge * (G) 1:00 Card Games & Lessons: Bug Your Neighbor * (G) 1:00 Urban Pole Walking (W) 2:00 High Tea: Safari (C) 3:00 Live Presentation: Safari Photography by Pamela McIntyre (photographer) (T) 4:00 Bocce Ball * (T) 4:00 Wine Wednesday (G) 7:00 Movie Night: Elephant Walk (1954 Adventure /Action) (T)	16 10:00 Cardio Class (W) 1:00 Stretch Class (W) 1:00 Card Games & Lessons: Canasta * (G) 2:00 Painting Class by Paint Escape Calgary (C) 5:00 Mystery Dinner Theatre (C) 7:00 Calgary Flames Game (G)	17 10:00 Balance Class (W) 1:00 Cardio Class (W) 1:00 Card Games & Lessons: Bridge * (G) 1:00 Board Game: Chess * (G) 2:00 Spotify Music Group * (T) 4:00 Garden Tower Maintenance * (O) 7:00 Virtual Concert: Mike + The Mechanics (2005 Pop Rock) (T) 7:00 Hong Kong Mahjong * (G)	18 10:00 Strength Class (W) 1:00 Card Games & Lessons: Whist * (G) 1:00 Movie Matinee: The Sheltering Sky (1990 Adventure /Romance) (T) 2:00 Happy Hour (B) 3:00 Bocce Ball * (T) 7:00 Movie Night: The Old Man & the Gun (2018 Crime/ Comedy) (T)

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Sun	Mon	Tue	Wed	Thu	Fri	Sat
19	20	21	22	23	24	25
10:00 Stretch Class (W) 11:00 Virtual Church Service (T) 12:00 Evolt Full Body Scan from FUSE Fitness (12:00 - 5:00) (W) 1:00 Movie Matinee: Florence Nightingale (1985 War /Drama) (T) 1:00 Board Games & Lessons: Rummikub * (G) 3:00 Colouring Club * (C) 7:00 Movie Night: The Glass Castle (2017 Drama) (T)	10:00 Strength Class (W) 10:00 Groceries: Superstore (E) 11:00 Knitting Club * (C) 1:00 Card Games & Lessons: Crib * (G) 1:00 Stretch Class (W) 2:00 Choir Practice (T) 3:00 Indoor Curling * (C) 7:00 TV Series: The Golden Girls (1985 Sitcom Episodes 1-3) (T)	10:00 Balance Class (W) 11:00 Live Presentation: Fall Prevention from Chipperfield Physiotherapy (T) 1:00 Zumba Gold (W) 1:00 Card Games & Lessons: Euchre * (G) 2:00 Live Music: Michael Hope (vocals/ bassoon) & Sarah MacDonald (flute) (T) 3:00 Bocce Ball * (T) 3:30 Art Journaling: Upcycling (C) 7:00 Movie Night: Triple Cross (1966 War/ Adventure) (T) 7:00 BINGO Night 50/50 for Charity (C)	10:00 Balance & Fall Prevention (W) 1:00 Card Games & Lessons: Bridge * (G) 1:00 Card Games & Lessons: Bug Your Neighbor * (G) 1:00 Urban Pole Walking (W) 2:00 Earth Day Seed Planting (C) 3:00 Bocce Ball * (T) 4:00 Wine Wednesday (G) 6:00 Excursion: Golden Girls at Jubilations (E) 7:00 Movie Night: 12 Rounds (2009 Action /Crime) (T)	10:00 Cardio Class (W) 10:15 Catholic Mass with Rev. Ignatius Tran, St. Gerard's Pastor (T) 11:00 Current Events Club: Climate Change on the Safari (C) 1:00 Stretch Class (W) 1:00 Card Games & Lessons: Canasta * (G) 3:00 Tea Around the World: South Africa (T) 4:30 Menu Theme: South Africa (D) 7:00 Movie Night: Out of Africa (1985 Romance /Drama) (T)	9:30 COMPASS Workshop for Caregivers (CM) 10:00 Balance Class (W) 11:00 Fitness Equipment Orientation (W) 1:00 Cardio Class (W) 1:00 Card Games & Lessons: Bridge * (G) 1:00 Board Game: Chess * (G) 2:00 Spotify Music Group * (T) 4:00 Garden Tower Maintenance * (O) 7:00 Movie Night: Jumanji (1995 Family /Adventure) (T) 7:00 Hong Kong Mahjong * (G)	10:00 Strength Class (W) 1:00 Card Games & Lessons: Whist * (G) 1:00 Virtual Concert: Earth & Wind & Fire (2011 R&B) (T) 2:00 Happy Hour (B) 3:00 Bocce Ball * (T) 7:00 Movie Night: Jumanji - Welcome to the Jungle (2017 Adventure /Action) (T)
26	27	28	29	30		
10:00 Stretch Class (W) 11:00 Virtual Church Service (T) 1:00 Movie Matinee: The Insider (1999 Action /Drama) (T) 1:00 Board Games & Lessons: Rummikub * (G) 3:00 Colouring Club * (C) 7:00 Movie Night: Jumanji - The Next Level (2019 Comedy /Action) (T)	10:00 Strength Class (W) 11:00 Knitting Club * (C) 1:00 Card Games & Lessons: Crib * (G) 1:00 Stretch Class (W) 2:00 Choir Practice (T) 3:00 Indoor Curling Bonspiel * (C) 7:00 Movie Night: Quiz Show (1994 Drama /History) (T)	10:00 Balance Class (W) 10:00 Groceries: No Frills (E) 10:15 Calgary Public Library Pop Up (L) 11:00 Library Club * (L) 11:00 Town Hall Meeting (T) 1:00 Zumba Gold (W) 1:00 Card Games & Lessons: Euchre * (G) 1:30 Alteration Services (C) 2:00 Live Music: Sean Sabraw (guitar) & Scott Duncan (fiddle) (T) 3:00 Book Club: The Correspondent by Virginia Evans (C) 3:00 Town Hall Meeting (T) 7:00 Movie Night: Sinners (2025 Horror /Action) (T) 7:00 Trivia Night (C)	10:00 Sit Fit (W) 11:00 Woodshop Orientation (WS) 11:30 Excursion: Lunch at Bow Valley Ranch (E) 1:00 Card Games & Lessons: Bridge * (G) 1:00 Card Games & Lessons: Bug Your Neighbor * (G) 1:00 Urban Pole Walking (W) 3:00 Bocce Ball * (T) 4:00 Wine Wednesday (G) 7:00 Virtual Concert: Robbie Williams (2001 Soft Rock) (T)	10:00 Cardio Class (W) 10:00 Shopping: Shoppers Drug Mart (E) 10:15 Catholic Mass with Rev. Ignatius Tran, St. Gerard's Pastor (T) 11:15 Bocce Ball * (T) 1:00 Stretch Class (W) 1:00 Card Games & Lessons: Canasta * (G) 2:00 Live Music: Peter at the Piano (T) 3:15 Staff vs Resident Family Feud (C) 6:00 Private Dining Room Party (PDR) 7:00 Movie Night: The Six Triple Eight (2024 War/ Drama) (T)		