

Weekly Menu

January 5th – January 11th, 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<u>SOUPS</u> Italian Vegetable 50cal 2g sugar	<u>SOUPS</u> Italian Vegetable 50cal 2g sugar	<u>SOUPS</u> Italian Vegetable 50cal 2g sugar	<u>SOUPS</u> Italian Vegetable 50cal 2g sugar	<u>SOUPS</u> Italian Vegetable 50cal 2g sugar	<u>SOUPS</u> Italian Vegetable 50cal 2g sugar	<u>SOUPS</u> Italian Vegetable 50cal 2g sugar
Chicken Soup with Rice 70cal 0g sugar	Turkey Vegetable Soup 150cal 2g sugar	Beef Vegetable Soup 70cal 1g sugar	Potato and Leek Soup 180cal 2g sugar	Bacon and Pea Soup 110cal 1g sugar	Cream of Broccoli Soup 24cal 2g sugar	Tomato Beef and Macaroni Soup 160cal 8g sugar
<u>LUNCH</u> Chicken BLT 640cal 5g sugar	<u>LUNCH</u> Shrimp, Spinach and Feta Omelet 120cal 3g sugar	<u>LUNCH</u> Meatloaf Sandwich, Onion Rings 680cal 5g sugar	<u>LUNCH</u> Baked Mac and Cheese 630cal 8g sugar	<u>LUNCH</u> Chicken Quesadilla Salsa & Sour Cream 300cal 1g sugar	<u>LUNCH</u> Teriyaki Salmon on Sesame Mandarin Greens 260cal 14g sugar	<u>LUNCH</u> BBQ Chicken Wings with Classic Potato Salad 750cal 7g sugar
OR Beef & Bean Chili Cheese, Sour Cream and Green Onions 370cal 5g sugar	OR Turkey Burger and Fries 340cal 2g sugar	OR Halibut Nicoise Salad 270cal 7g sugar	OR Southwestern Chicken Cobb Salad 520cal 17g sugar	OR Triple Cheese Grilled Cheese Sandwich, Tomato Soup 500cal 7g sugar	OR Sliced Pork Loin Sandwich 610cal 2g sugar	OR Hot Dog & Fries 380cal 4g sugar
<u>DESSERT</u> Ginger Pear Cake 280cal 36g sugar	<u>DESSERT</u> Lemon Shortcake 170cal 17g sugar	<u>DESSERT</u> Chocolate Espresso Panna Cotta 480cal 11g sugar	<u>DESSERT</u> Apple Raisin Spice Cake 260cal 28g sugar	<u>DESSERT</u> Honey Yogurt Cake 200cal 12g sugar	<u>DESSERT</u> Cardamom Poached Pears 100cal 21g sugar	<u>DESSERT</u> Coconut Cake 460cal 26g sugar

Soup, Greens Salad or Caesar Salad Available with Lunch and Dinner, Followed by In House Made Dessert

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<u>DINNER</u> Veal Parmesan 330cal 5g sugar     OR Grilled Pork Chops with Applesauce 270cal 18g sugar	<u>DINNER</u> Beef Lasagna Toasted Garlic Bread 540cal 7g sugar     OR Seared Red Snapper Garlic Butter Sauce 180cal 0g sugar  	<u>DINNER</u> Chicken Cordon Bleu 100cal 1g sugar     OR Sweet & Sour Pork Stir Fry 310cal 19g sugar  	<u>DINNER</u> Seafood Stuffed Sole Lemon Sauce 190cal 0g sugar     OR Slow Roasted Pork Tenderloin Mushroom Sauce 150cal 1g sugar	<u>DINNER</u> Ginger Beef Chow Mein 580cal 11g sugar     OR Fish & Chips (Battered Cod) Tartar Sauce & Coleslaw 460cal 9g sugar   	<u>DINNER</u> Loaded Beef Burger 730cal 5g sugar     OR Butter Chicken 250cal 3g sugar 	<u>DINNER</u> Roasted Turkey Sage Gravy 510cal 0g sugar  OR Roasted Herb Pork Loin 130cal 0g sugar
<u>DESSERT</u> Date Square 240cal 25g sugar  	<u>DESSERT</u> Crème Brûlé 120cal 15g sugar  	<u>DESSERT</u> Vanilla Cheesecake 180cal 13g sugar    	<u>DESSERT</u> Chocolate Banana Pie 250cal 24g sugar    	<u>DESSERT</u> Carrot Cake 310cal 38g sugar    	<u>DESSERT</u> Butterscotch Pudding 140cal 21g sugar  	<u>DESSERT</u> Boston Cream Cake 410cal 37g sugar    

Soup, Greens Salad or Caesar Salad Available with Lunch and Dinner, Followed by In House Made Dessert

Feature Potato: Potato Casserole

Menu Subject to Change

ALLERGENS

