

Weekly Menu
















































January 5th – January 11th, 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<p><u>SOUPS</u> Italian Vegetable <i>50cal 2g sugar</i></p> <p>Chicken Soup with Rice <i>70cal 0g sugar</i></p>	<p><u>SOUPS</u> Italian Vegetable <i>50cal 2g sugar</i></p> <p>Turkey Vegetable Soup <i>150cal 2g sugar</i></p>	<p><u>SOUPS</u> Italian Vegetable <i>50cal 2g sugar</i></p> <p>Beef Vegetable Soup <i>70cal 1g sugar</i></p>	<p><u>SOUPS</u> Italian Vegetable <i>50cal 2g sugar</i></p> <p>Potato and Leek Soup <i>180cal 2g sugar</i></p>	<p><u>SOUPS</u> Italian Vegetable <i>50cal 2g sugar</i></p> <p>Bacon and Pea Soup <i>110cal 1g sugar</i></p>	<p><u>SOUPS</u> Italian Vegetable <i>50cal 2g sugar</i></p> <p>Cream of Broccoli Soup <i>24cal 2g sugar</i> </p>	<p><u>SOUPS</u> Italian Vegetable <i>50cal 2g sugar</i></p> <p>Tomato Beef and Macaroni Soup <i>160cal 8g sugar</i>  </p>
<p><u>LUNCH</u> Chicken BLT <i>640cal 5g sugar</i>  </p> <p>OR</p> <p>Beef & Bean Chili Cheese, Sour Cream and Green Onions <i>370cal 5g sugar</i> </p>	<p><u>LUNCH</u> Shrimp, Spinach and Feta Omelet <i>120cal 3g sugar</i>   </p> <p>OR</p> <p>Turkey Burger and Fries <i>340cal 2g sugar</i>  </p>	<p><u>LUNCH</u> Meatloaf Sandwich, Onion Rings <i>680cal 5g sugar</i>  </p> <p>OR</p> <p>Halibut Nicoise Salad <i>270cal 7g sugar</i>  </p>	<p><u>LUNCH</u> Baked Mac and Cheese <i>630cal 8g sugar</i>   </p> <p>OR</p> <p>Southwestern Chicken Cobb Salad <i>520cal 17g sugar</i>  </p>	<p><u>LUNCH</u> Chicken Quesadilla Salsa & Sour Cream <i>300cal 1g sugar</i>  </p> <p>OR</p> <p>Triple Cheese Grilled Cheese Sandwich, Tomato Soup <i>500cal 7g sugar</i>   </p>	<p><u>LUNCH</u> Teriyaki Salmon on Sesame Mandarin Greens <i>260cal 14g sugar</i>   </p> <p>OR</p> <p>Sliced Pork Loin Sandwich <i>610cal 2g sugar</i> </p>	<p><u>LUNCH</u> BBQ Chicken Wings with Classic Potato Salad <i>750cal 7g sugar</i>  </p> <p>OR</p> <p>Hot Dog & Fries <i>380cal 4g sugar</i>  </p>
<p><u>DESSERT</u> Ginger Pear Cake <i>280cal 36g sugar</i>   </p>	<p><u>DESSERT</u> Lemon Shortcake <i>170cal 17g sugar</i>   </p>	<p><u>DESSERT</u> Chocolate Espresso Panna Cotta <i>480cal 11g sugar</i> </p>	<p><u>DESSERT</u> Apple Raisin Spice Cake <i>260cal 28g sugar</i>   </p>	<p><u>DESSERT</u> Honey Yogurt Cake <i>200cal 12g sugar</i>   </p>	<p><u>DESSERT</u> Cardamom Poached Pears <i>100cal 21g sugar</i></p>	<p><u>DESSERT</u> Coconut Cake <i>460cal 26sugar</i>    </p>

Soup, Greens Salad or Caesar Salad Available with Lunch and Dinner, Followed by In House Made Dessert

Weekly Menu

January 5th – January 11th, 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<p><u>DINNER</u> Veal Parmesan <i>330cal 5g sugar</i>   </p> <p>OR</p> <p>Grilled Pork Chops with Applesauce <i>270cal 18g sugar</i></p>	<p><u>DINNER</u> Beef Lasagna Toasted Garlic Bread <i>540cal 7g sugar</i>   </p> <p>OR</p> <p>Seared Red Snapper Garlic Butter Sauce <i>180cal 0g sugar</i>  </p>	<p><u>DINNER</u> Chicken Cordon Bleu <i>100cal 1g sugar</i>   </p> <p>OR</p> <p>Sweet & Sour Pork Stir Fry <i>310cal 19g sugar</i>  </p>	<p><u>DINNER</u> Seafood Stuffed Sole Lemon Sauce <i>190cal 0g sugar</i>    </p> <p>OR</p> <p>Slow Roasted Pork Tenderloin Mushroom Sauce <i>150cal 1g sugar</i></p>	<p><u>DINNER</u> Ginger Beef Chow Mein <i>580cal 11g sugar</i>     </p> <p>OR</p> <p>Fish & Chips (Battered Cod) Tartar Sauce & Coleslaw <i>460cal 9g sugar</i>   </p>	<p><u>DINNER</u> Loaded Beef Burger <i>730cal 5g sugar</i>  </p> <p>OR</p> <p>Butter Chicken <i>250cal 3g sugar</i> </p>	<p><u>DINNER</u> Roasted Turkey Sage Gravy <i>510cal 0g sugar</i> </p> <p>OR</p> <p>Roasted Herb Pork Loin <i>130cal 0g sugar</i></p>
<p><u>DESSERT</u> Date Square <i>240cal 25g sugar</i>  </p>	<p><u>DESSERT</u> Crème Brûlée <i>120cal 15g sugar</i>  </p>	<p><u>DESSERT</u> Vanilla Cheesecake <i>180cal 13g sugar</i>   </p>	<p><u>DESSERT</u> Chocolate Banana Pie <i>250cal 24g sugar</i>   </p>	<p><u>DESSERT</u> Carrot Cake <i>310cal 38g sugar</i>   </p>	<p><u>DESSERT</u> Butterscotch Pudding <i>140cal 21g sugar</i>  </p>	<p><u>DESSERT</u> Boston Cream Cake <i>410cal 37g sugar</i>   </p>

Soup, Greens Salad or Caesar Salad Available with Lunch and Dinner, Followed by In House Made Dessert

Feature Potato: Potato Casserole

Menu Subject to Change

ALLERGENS



Egg



Fish



Dairy



Mustard



Peanut



Sesame



Soy



Tree Nuts



Wheat



Crustaceans