



Oct 27 – Nov 2, 2025
Birch & Oak

Monday 27	Tuesday 28	Wednesday 29	Thursday 30	Friday 31	Saturday 1	Sunday 2
Halloween Spirit Week: Fall Colours 10:00 StrongerU Strength Class (W) 11:00 Knitting & Crochet Club* (C) 1:00 Card Games: Crib* (G) 1:00 StrongerU Stretch Class (W) 2:00 Choir Practice (T) 6:15 Monday Night Football & \$5 Beer Special (G) 7:00 Movie Night: Death Becomes Her (1992 Comedy /Fantasy) (T)	Halloween Spirit Week: Twin Day 10:00 StrongerU Balance Class (W) 10:15 Calgary Public Library Pop Up (L) 11:00 Current Events Club: Halloween Around the World (C) 1:00 Zumba Gold (W) 1:00 Card Games: Euchre* (G) 1:00 Board Games: Chess Lessons* (G) 1:30 Alteration Services (C) 2:00 Live Music: Natalie Inga (singer/ songwriter) & Alex Klipper (T) 3:00 Bocce Ball* (T) 3:00 Onsite Curis Pharmacy Clinic (HB) 3:30 Book Club: Island of Sea Women by Lisa See (C) 4:15 Calgary Flames Game (G) 7:00 Trivia Night (C) 7:00 Movie Night: Big Business (1988 Comedy /Drama) (T)	Halloween Spirit Week: Scrabble Day 10:00 Sit Fit (W) 10:00 Groceries: Calgary Farmers Market West (E) 1:00 Bridge Club* (G) 1:00 Urban Pole Walking (W) 1:00 Card Games: Bug Your Neighbor * (G) 2:00 Halloween Candy Bag Filling (C) 3:00 Bocce Ball* (T) 4:00 Wine Wednesday (G) 5:45 Excursion: Pirates of the River Saskatchewan at Jubilations Dinner Theatre (E) 7:00 Movie Night: Ghostbusters 1984 (Comedy /Horror) (T)	Halloween Spirit Week: Pajama Day 10:00 StrongerU Cardio Class (W) 11:00 Shopping: Shoppers Drug Mart (E) 11:45 Recreation Town Hall (T) 1:00 StrongerU Stretch Class (W) 1:00 Card Games: Canasta * (G) 2:00 Live Music: Peter at the Piano (T) 3:15 Pumpkin Contest Voting (C) 5:00 Calgary Flames Game (G) 7:00 Movie Night: Halloween (1978 Horror /Crime) (T)	Halloween Day! Halloween Spirit Week: Costumes 10:00 StrongerU Balance Class (W) 1:00 StrongerU Cardio Class (W) 1:00 Card Games: Bridge Lessons * (G) 1:30 New Resident Orientation (T) 2:00 High Tea: Addam's Family Tea (C) 3:00 TV Series: The Addams Family (1964) (T) 5:00 TLW Trick or Treating (BP) 7:00 Hong Kong Mahjong* (G) 7:00 Movie Night: The Addams Family (1991 Comedy /Horror) (T)	10:00 StrongerU Strength Class (W) 1:00 Card Games: Whist* (G) 1:00 Movie Matinee: CCR Music In Review (2007 Music/ Documentary) (T) 1:30 Calgary Flames Game (G) 3:00 Bocce Ball* (T) 5:00 Hockey Night in Canada - \$5 Beer Special (G) 7:00 Virtual Concert: Creedence Clearwater Revival (1960's Rock) (T)	10:00 StrongerU Stretch Class (W) 11:00 Virtual Church Service (T) 12:00 Football Sunday & \$5 Beer Special (11:00-8:00) (G) 1:00 Movie Matinee: Jane Goodall (2025 Nature Documentary) (T) 1:00 Board Games: Rummikub * (G) 3:00 Colouring Club* (C) 5:00 Calgary Flames Game (G) 7:00 Movie Night: Zootopia (2016 Animated /Comedy) (T)



Nov 3 – 9, 2025

Birch & Oak

Monday 3	Tuesday 4	Wednesday 5	Thursday 6	Friday 7	Saturday 8	Sunday 9
10:00 Groceries: Superstore (E) 10:00 StrongerU Strength Class (W) 11:00 Knitting & Crochet Club* (C) 1:00 Card Games: Crib* (G) 1:00 StrongerU Stretch Class (W) 2:00 Choir Practice (T) 6:15 Monday Night Football & \$5 Beer Special (G) 7:00 Movie Night: March of the Penguins (2005 Documentary /Drama) (T)	10:00 StrongerU Balance Class (W) 11:00 Live Presentation: Penguins by the Calgary Zoo (T) 1:00 Zumba Gold (W) 1:00 Card Games: Euchre* (G) 1:00 Board Games: Chess Lessons* (G) 2:00 Live Music: Tom Megee (cello), Craig Hutchenreuther (violin) & Alisa Klebanov (viola) (T) 3:00 Bocce Ball* (T) 3:30 Crafting for Charity: Gift Tags & Bags (C) 7:00 BINGO Night for Prizes (C) 7:00 Movie Night: Happy Feet (2006 Family /Comedy) (T)	Menu Theme: Mexico 10:00 Shopping: South Centre Mall (E) 10:00 Balance & Fall Prevention (W) 1:00 Bridge Club* (G) 1:00 Urban Pole Walking (W) 1:00 Card Games: Bug Your Neighbor * (G) 2:00 Mexican Hot Chocolate & Loteria (Mexican BINGO) (C) 3:00 Bocce Ball* (T) 4:00 Wine Wednesday (G) 7:00 Movie Night: Coco (2017 Family/ Fantasy) (T) 7:30 Calgary Flames Game (G)	10:00 StrongerU Cardio Class (W) 1:00 StrongerU Stretch Class (W) 1:00 Card Games: Canasta * (G) 2:00 Live Music: Heather Thirsk (singing and piano) (T) 3:30 Gardening Club Appreciation Party (C) 5:45 Excursion: Shear Madness at Stage West Dinner Theatre (E) 7:00 Movie Night: A River Runs Through It (1992 Family /Drama) (T)	10:00 StrongerU Balance Class (W) 1:00 StrongerU Cardio Class (W) 1:00 Card Games: Bridge Lessons * (G) 2:00 Spotify Music Sessions * (T) 7:00 Hong Kong Mahjong* (G) 7:00 Calgary Flames Game (G) 7:00 Virtual Stand Up Comedy: Yakov Smirnoff - Happily Ever Laughter (T)	10:00 StrongerU Strength Class (W) 10:00 Line Dancing Lessons (C) 1:00 Card Games: Whist* (G) 1:00 Movie Matinee: Guess Who's Coming to Dinner (1967 Comedy /Drama) (T) 3:00 Bocce Ball* (T) 5:00 Hockey Night in Canada - \$5 Beer Special (G) 7:00 Virtual Concert: Caro Emerald (2013 Jazz) (T)	10:00 StrongerU Stretch Class (W) 11:00 Virtual Church Service (T) 12:00 Football Sunday & \$5 Beer Special (11:00-8:00) (G) 1:00 Movie Matinee: Star Wars - Return of the Jedi (1983 Sci-fi/ Fantasy) (T) 1:00 Board Games: Rummikub * (G) 3:00 Colouring Club* (C) 6:00 Calgary Flames Game (G) 7:00 Movie Night: To Sir, with Love (1967 Drama) (T)

Locations Legend

Theatre (T) Creative Studio (C)
Games Lounge (G) Excursion (E)
Wellness Centre (W)

[Blue: Register at Reception](#)

*Asterisk: Resident Run Program