

Weekly Menu

































July 14th – July 20th, 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<p><u>SOUPS</u></p> <p>Italian Vegetable <i>50cal 2g sugar</i></p> <p>Dill Potato Leek Soup <i>290cal 2g sugar</i></p>	<p><u>SOUPS</u></p> <p>Italian Vegetable <i>50cal 2g sugar</i></p> <p>Butternut Squash Soup <i>130cal 5g sugar</i></p>	<p><u>SOUPS</u></p> <p>Italian Vegetable <i>50cal 2g sugar</i></p> <p>Tomato Macaroni Soup <i>80cal 8g sugar</i> 🌱</p>	<p><u>SOUPS</u></p> <p>Italian Vegetable <i>50cal 2g sugar</i></p> <p>Cream of Mushroom Soup <i>100cal 2g sugar</i> 🏠</p>	<p><u>SOUPS</u></p> <p>Italian Vegetable <i>50cal 2g sugar</i></p> <p>New England Clam Chowder <i>190cal 6g sugar</i> 🏠 🍷</p>	<p><u>SOUPS</u></p> <p>Italian Vegetable <i>50cal 2g sugar</i></p> <p>Mulligatawny <i>130cal 2g sugar</i></p>	<p><u>SOUPS</u></p> <p>Italian Vegetable <i>50cal 2g sugar</i></p> <p>Lemon Chicken and Rice <i>60cal 0g sugar</i></p>
<p><u>LUNCH</u></p> <p>Oil & Garlic Shrimp Pasta, White Wine Sauce <i>680cal 11g sugar</i> 🌱 🍷 🍷</p> <p>OR</p> <p>Pastrami on Rye, Sweet Potato Fries <i>380cal 8g sugar</i> 🌱 🍷</p>	<p><u>LUNCH</u></p> <p>Turkey Clubhouse, Fries <i>640cal 5g sugar</i> 🌱 🍷</p> <p>OR</p> <p>Seared Halibut, Greek Salad <i>110cal 4g sugar</i> 🏠 🍷</p>	<p><u>LUNCH</u></p> <p>Cubano Sandwich (Grilled Pulled Pork & Cheese) Black Bean Rice <i>810cal 5g sugar</i> 🏠 🌱 🍷</p> <p>OR</p> <p>Grilled Honey Dijon Chicken, Pear & Pecan Salad <i>460cal 32g sugar</i> 🍷 🍷</p>	<p><u>LUNCH</u></p> <p>Beef Burritos (Salsa, Sour Cream, Guacamole) Nacho Chips <i>590cal 10g sugar</i> 🏠 🌱</p> <p>OR</p> <p>Salmon Strawberry Almond Greens <i>150cal 5g sugar</i> 🍷 🍷</p>	<p><u>LUNCH</u></p> <p>Chicken Mushroom Swiss Burger, Fries <i>500cal 2g sugar</i> 🏠 🌱 🍷</p> <p>OR</p> <p>Stuffed Peppers (Beef & Rice) with Arugula Greens <i>320cal 4g sugar</i> 🏠</p>	<p><u>LUNCH</u></p> <p>BBQ Chicken Tenders, Caesar Salad <i>690cal 15g sugar</i> 🏠 🌱 🍷</p> <p>OR</p> <p>Pulled Pork Quessadilla, Potato Wedges <i>930cal 6g sugar</i> 🏠 🌱</p>	<p><u>LUNCH</u></p> <p>Ball Park Hot Dogs (with Diced Onions) Fries <i>380cal 4g sugar</i> 🌱</p> <p>OR</p> <p>Cheddar Chicken Salad Melt with Onion Rings <i>520cal 4g sugar</i> 🏠 🍷</p>
<p><u>DESSERT</u></p> <p>Date Square <i>520cal 4g sugar</i> 🏠 🌱 🍷</p>	<p><u>DESSERT</u></p> <p>Mini Peach Puff Pastry Tart <i>280cal 9g sugar</i> 🌱 🍷</p>	<p><u>DESSERT</u></p> <p>Chocolate Mousse <i>250cal 28g sugar</i> 🏠 🍷</p>	<p><u>DESSERT</u></p> <p>Toffee Caramel Cake <i>300cal 27g sugar</i> 🏠 🌱 🍷</p>	<p><u>DESSERT</u></p> <p>Butter Tart Square <i>190cal 18g sugar</i> 🏠 🌱 🍷</p>	<p><u>DESSERT</u></p> <p>Mango Cream Pudding, Fresh Pineapple <i>120cal 16g sugar</i></p>	<p><u>DESSERT</u></p> <p>Deep Dutch Brownie <i>380cal 36g sugar</i> 🌱 🍷</p>

Soup, Greens Salad or Caesar Salad Available with Lunch and Dinner, Followed by In House Made
Dessert

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<p><u>DINNER</u> Sole Paupiette <i>70cal 0g sugar</i>  OR Portuguese Chicken Drumsticks <i>150cal 1g sugar</i></p>	<p><u>DINNER</u> Beef Steak Cacciatore <i>190cal 3g sugar</i> OR Pork Tenderloin, Garlic Cream Sauce <i>390cal 1g sugar</i> </p>	<p><u>DINNER</u> Grilled Herb Lamb Chops <i>110cal 0g sugar</i> OR Baked Tuscan Chicken Thighs <i>110cal 0g sugar</i> </p>	<p><u>DINNER</u> Spaghetti and Meatballs <i>280cal 6g sugar</i>   OR Seared Halibut, Creamy Peppercorn Sauce <i>300cal 0g sugar</i> </p>	<p><u>DINNER</u> Fish & Chips, Tartar Sauce & Coleslaw <i>460cal 9g sugar</i>    OR BBQ Pork Ribs <i>720cal 9g sugar</i></p>	<p><u>DINNER</u> Sweet and Sour Chicken <i>150cal 6g sugar</i> OR Beef Stroganoff, Egg Noodles <i>190cal 1g sugar</i>   </p>	<p><u>DINNER</u> Beef Meatloaf, Mushroom Gravy <i>50cal 2g sugar</i>  OR Roasted Herbed Pork Loin <i>50cal 2g sugar</i></p>
<p><u>DESSERT</u> Carrot Cake <i>310cal 37g sugar</i>   </p>	<p><u>DESSERT</u> Upside Down Pineapple Cake <i>320cal 42g sugar</i>  </p>	<p><u>DESSERT</u> Strawberry Rhubarb Pie <i>400cal 36g sugar</i>  </p>	<p><u>DESSERT</u> German Chocolate Cake <i>340cal 42g sugar</i>    </p>	<p><u>DESSERT</u> Blueberry Cheesecake <i>330cal 28g sugar</i>   </p>	<p><u>DESSERT</u> Banana Chocolate Chip Bread Pudding <i>230cal 21g sugar</i>   </p>	<p><u>DESSERT</u> Tiramisu <i>210cal 2g sugar</i>  </p>

Soup, Greens Salad or Caesar Salad Available with Lunch and Dinner, Followed by In House Made Dessert

Feature Potato: Scalloped Potatoes
Menu Subject to Change

ALLERGENS



Egg



Fish



Dairy



Mustard



Peanut



Sesame



Soy



Tree Nuts



Wheat



Crustaceans