

Care That Fits Your Needs & Your Peace of Mind

At **Trico LivingWell**, we're here to provide you with thoughtful, personalized care — and to make sure residents and their families feel confident in how services are delivered and billed. Nursing support is charged based only on the time actually needed, **so you can trust that both the care and the cost are fair and transparent.**



Hourly Rate: \$60/hour – All services provided by our nursing team are billed at this rate, prorated to the time spent with each resident.

HOW WE SUPPORT YOU

Here are some of the personalized ways our nursing team assists residents each day, based on individual needs and preferences:

Nutrition Support: A helping hand at mealtimes - whether it's setting up a tray, offering encouragement, or assisting with feeding.

Medication Support: Making sure medications are taken safely and on time, with caring oversight from our professional nursing team.

Ambulation Support: Whether it's a steady hand or walking alongside, we help residents move around safely and with confidence.

Transfer Support: Safe, comfortable help getting in and out of bed, chairs, or the bathroom — always with respect and care.

Bathing Support: Assistance with bathing that respects privacy and preferences, helping residents feel clean, refreshed, and at ease.

Continence & Toileting Support: Discreet help with bathroom routines, focused on maintaining dignity and comfort.

Personal Care Support: Daily help with grooming, dressing, and hygiene – the little things that help residents feel like themselves.

Catheter and/or Ostomy Care: Gentle and skilled help managing medical equipment with attention to cleanliness and comfort.

Night Checks: Quiet check-ins overnight to ensure everything is as it should be and offer peace of mind.

Oxygen Assistance: Support with using and monitoring oxygen, to help residents breathe easy and feel secure.

Support with Memory/Cognition: Gentle prompts and cueing to help with daily routines, orientation, and independence.



AS-NEEDED SERVICES

Sometimes, short-term or occasional nursing support is needed outside of regular routines. These “one-off” services are also billed at the standard hourly rate and added to the care plan as needed.

Examples may include:

- Wound care or dressing changes
- Monitoring vital signs
- Urine dip testing
- Support after hospital discharge or illness
- Temporary mobility or transfer support
- Help with new or temporary medical equipment
- Coverage while waiting for or filling in for AHS Home Care
- Additional support if a family caregiver is away

We're here to step in when needed — with personalized care you can count on.



HOW BILLING WORKS

We track the time spent on each task and calculate charges based on actual care provided. This ensures fairness, transparency, and flexibility as support needs change.



WE'RE ALWAYS HERE TO HELP

If you have questions about the services your loved one is receiving or what to expect, we're happy to walk through it with you. **We want every resident and family to feel informed, involved, and confident in their care.**



We are WELL Gold Certified™ by the International WELL Building Institute – the global authority on healthy buildings

Questions? Call today!
Our friendly team has the answers.
403.281.2802

tricolivingwell.com

 **Trico
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Retirement Community