



# Jun 23 – 29, 2025

## Memory Care



Monday 23	Tuesday 24	Wednesday 25	Thursday 26	Friday 27	Saturday 28	Sunday 29
9:45 Music with Jimmy (8D) 11:00 StrongerU Balance Class (8R) 2:00 Live Music: TLW Choir Performance (D) 3:30 Giant Darts (8R)	10:00 Scenic Drive (E) 11:00 StrongerU Cardio Class (8R) 2:00 Live Music: Mysterium Duo (T) 3:30 Flower Arranging (8R)	10:00 Music with Kathryn (8D) 11:15 StrongerU Strength Class (8R) 1:30 Gardening Club (8R) 2:30 Axe Throwing (8R)	<b>Menu Theme: Jamaica (8D)</b> 10:00 Scenic Drive (E) 11:00 StrongerU Stretch Class (8R) 1:30 Tea Around the World: Jamaica (8R) 2:30 Music with Jimmy (8D) 3:30 Inflatable Bocce Ball (8R)	9:30 Chronicles & Coffee (8D) 10:00 Jigsaw Puzzles (8D) 11:00 StrongerU Cardio (8R) 2:00 Live Music: Heather Thirsk (piano & singing) (T) 3:30 Obie Projector Games (8R)	9:30 Weekend Puzzlers (8D) 11:00 StrongerU Strength Class (8R) 1:30 Movie Matinee & Popcorn: The Wizard of Oz (1939 Family /Musical) (8R) 3:30 Spa Day Treatments (8R)	9:30 Virtual Church Service & Hymn Sing (8D) 11:00 StrongerU Stretch Class (8R) 1:30 Wheel of Fortune Game (8R) 3:00 Ice-cream Social (8P)
<u>Locations Legend</u> <div>8th Floor Recreation Room (8R)</div> <div>8th Floor Dining Room (8D)</div> <div>Excursion (E)</div> <div>Theatre (T)</div> <div>Dining Room (D)</div> <div>8th Floor Patio (8P)</div>						



# Jun 30 – Jul 6, 2025

## Memory Care

Monday 30	Tuesday 1	Wednesday 2	Thursday 3	Friday 4	Saturday 5	Sunday 6
9:45 Music with Jimmy (8D) 11:00 StrongerU Balance Class (8R) 1:30 Writing Workshop (8R) 2:30 Sing Along: Canadian Hits (8R) 3:30 Giant Darts (8R)	<b>Canada Day</b> 10:00 Scenic Drive with HCA's (E) 11:00 StrongerU Cardio Class (8R) 2:00 Live Music: Michael Hope (vocals/bass) & Augustine Yates (piano) (T) 3:30 Maple Tea Social (8D)	10:00 Music with Kathryn (8D) 11:15 StrongerU Strength Class (8R) 1:30 Gardening Club (8R) 2:30 Mini Golf Challenge (8R) 3:30 Matching Game (8R)	10:00 Scenic Drive with HCA's (E) 11:00 StrongerU Stretch Class (8R) 1:45 Movie Matinee & Popcorn: Babe (1995 Family/Comedy) (T) 3:30 Inflatable Bocce Ball (8R) 7:30 Live Music: Heather Thirsk (singing and piano) (D)	<b>First Day of the Calgary Stampede</b> 9:30 Chronicles & Coffee (8D) 10:00 Jigsaw Puzzles (8D) 11:00 StrongerU Cardio (8R) 2:00 Music with Jimmy (8D) 3:30 Soccer Challenge (8R)	9:30 Weekend Puzzlers (8D) 11:00 StrongerU Strength Class (8R) 1:30 Sing Along: Country Hits (8R) 3:30 Badminton (8R)	9:30 Virtual Church Service & Hymn Sing (8D) 11:00 StrongerU Stretch Class (8R) 1:30 Family Feud (8R) 3:00 Popsicles and Painting on the Patio (8P)
<b>Locations Legend</b> 8th Floor Recreation Room (8R) 8th Floor Dining Room (8D) Excursion (E) Theatre (T) Dining Room (D) 8th Floor Patio (8P)						