



# May 26 – Jun 1, 2025

## Birch & Oak

Monday 26	Tuesday 27	Wednesday 28	Thursday 29	Friday 30	Saturday 31	Sunday 1
<b>Theatre Closed</b> <b>Parkade Cleaning - P1</b> 10:00 StrongerU Strength Class (W) <b>10:00 Groceries: A-Mart (Korean Market) (E)</b> 11:00 Knitting & Crochet Club (C) 1:00 Card Games: Crib* (G) 1:00 StrongerU Stretch Class (W) 2:00 Choir Practice (C) 3:00 Farewell Party for Bridget (C)	<b>Theatre Closed</b> <b>Parkade Cleaning - P2</b> 10:00 StrongerU Balance Class (W) 10:15 Calgary Public Library Pop Up (L) 11:00 Current Events Club (C) 1:00 Zumba Gold (W) 1:00 Card Games: Euchre* (G) 1:30 Alteration Services (C) 2:00 Live Music: Northern Horn Quartet (D) 3:00 Bocce Ball* (BP) 7:00 Trivia Night* (C)	<b>Theatre Closed</b> 10:00 Sit Fit (W) <b>10:00 Shopping: Walmart (E)</b> 11:00 Town Hall Meeting (C) 1:00 Urban Pole Walking (W) 1:00 Card Games: Canasta* (G) 1:00 Bridge Club* (G) 2:00 Town Hall Meeting (C) 3:00 Bocce Ball* (BP) 4:00 Wine Wednesday on the Patio (7P)	<b>Theatre Closed</b> 10:00 Chair Yoga (W) 10:15 Catholic Mass with Rev. Ignatius Tran, St. Gerard's Pastor (C) 1:00 Card Games: Golf* (G) 1:00 Sit Fit (W) 2:00 Live Music: Heather Thirsk (singing and piano) (D) 3:30 Book Club: Abigail (C)	<b>Theatre Closed</b> 10:00 StrongerU Balance Class (W) 11:00 Emotional Wellness Series: Coping with Change (C) <b>12:00 Excursion: Shopping and Lunch at the Granary Road Farmers Market (E)</b> 1:00 Card Games: UNO* (G) 1:00 Chair Yoga (W) <b>6:00 Private Dining Room Party (D)</b>	10:00 StrongerU Strength Class (W) 10:30 Cheer on the Community Bike Parade (10:30am -1:00pm) (BP) 1:00 Card Games: Whist* (G) 1:00 Movie Matinee: Fried Green Tomatoes (1991 Comedy /Drama) (T) 7:00 Virtual Concert: Fourplay (2013 Jazz Band) (T)	10:00 StrongerU Stretch Class (W) 11:00 Virtual Spiritual Service & Hymn Sing (T) 1:00 Card Games: Kings in the Corner* (G) 1:00 Documentary: The Quilters (2014 Prison) (T) 3:00 Bocce Ball* (T) 7:00 Movie Night: Nonnas (2025 Comedy) (T)
<b>Locations Legend</b> Wellness Centre (W) Creative Studio (C) Games Lounge (G) Theatre (T) <b>Blue: Register at Reception</b> <b>*Asterisk: Resident Run Program</b>						



# Jun 2 – 8, 2025

## Birch & Oak

Monday 2	Tuesday 3	Wednesday 4	Thursday 5	Friday 6	Saturday 7	Sunday 8
<p><b>Seniors Week Summer Camp</b> <b>Dress Up Theme: Hawaiian</b> <a href="#">10:00 Groceries: Superstore (E)</a> 10:00 StrongerU Strength Class (W) 11:00 Knitting &amp; Crochet Club (C) 1:00 Card Games: Crib* (G) 1:00 StrongerU Stretch Class (W) 2:00 Choir Practice (T) 3:30 Tie Dye Bandanas (C) 7:00 Classic Movie Marathon: To Kill a Mockingbird (1962 Thriller /Drama) (T)</p>	<p><b>Calgary Foot Care Clinic (Health Clinic Room 2)</b> <b>Dress Up Theme: Hiking</b> 10:00 StrongerU Balance Class (W) 11:00 Current Events Club (T) 1:00 Zumba Gold (W) 1:00 Card Games: Euchre* (G) 2:00 Live Music: Sean Sabraw (guitar) &amp; Scott Duncan (fiddle) (T) 3:00 Bocce Ball* (T) 3:00 Personalized Pennant Flag Craft (C) 7:00 BINGO Night for Prizes (C) 7:00 Classic Movie Marathon: Casablanca (1942 Romance /War) (T)</p>	<p><b>Dress Up Theme: Tie Dye</b> <a href="#">10:00 Shopping: South Centre Mall (E)</a> 10:00 Balance &amp; Fall Prevention (W) 1:00 Urban Pole Walking (W) 1:00 Card Games: Canasta* (G) 1:00 Bridge Club* (G) 1:30 New Resident Orientation (T) 2:00 High Tea: Summer Camp (C) 3:00 Live Music: Jerry Hashman (dueling banjos) (T) 3:00 Bocce Ball* (BP) 4:00 Wine Wednesday on the Patio (7P) 7:00 Classic Movie Marathon: Some Like It Hot (1959 Comedy /Musical) (T)</p>	<p><b>Dress Up Theme: Plaid</b> <b>Pheasant Hatch Watch! (R)</b> 10:00 StrongerU Cardio Class (W) 12:30 BBQ Picnic in the Park (BP) 1:00 Card Games: Golf* (G) 3:00 Family Feud (C) 7:00 Campfire Social with S'mores (7P) 7:00 Classic Movie Marathon: Charade (1963 Comedy /Thriller) (T)</p>	<p><b>Dress Up Theme: Denim</b> 10:00 StrongerU Balance Class (W) 11:00 Autobiography Writing (C) 1:00 Card Games: UNO* (G) 1:00 StrongerU Cardio Class (W) <a href="#">2:00 Excursion: Bird Watching and Hike Through Inglewood Bird Sanctuary (E)</a> 7:00 Classic Movie Marathon: Breakfast at Tiffany's (1961 Comedy/ Romance) (T)</p>	<p><b>Dress Up Theme: Pajamas</b> 10:00 StrongerU Strength Class (W) 1:00 Card Games: Whist* (G) 1:00 Classic Movie Marathon: The Sound of Music (1965 Musical /Romance) (T) 7:00 Virtual Concert: Jerry Lee Lewis &amp; Friends (1950's Rock &amp; Roll) (T)</p>	<p><b>Dress Up Theme: Western</b> 10:00 StrongerU Stretch Class (W) 11:00 Virtual Spiritual Service &amp; Hymn Sing (T) 1:00 Card Games: Kings in the Corner* (G) 1:00 Classic Movie Marathon: Singin' in the Rain (1952 Musical /Comedy) (T) 2:00 Line Dancing (C) 3:00 Bocce Ball* (T) 7:00 Virtual Concert: Johnny Cash (1950's Country) (T)</p>
<p><u>Locations Legend</u></p> <div><div>Theatre (T)</div><div>Wellness Centre (W)</div><div>Creative Studio (C)</div><div>Games Lounge (G)</div><div><a href="#">Blue: Register at Reception</a></div><div>*Asterisk: Resident Run Program</div></div> <div><div>Excursion (E)</div><div>Bistro Patio (BP)</div><div>7th Floor Patio (7P)</div><div>Reception (R)</div></div>						