



Apr 14 – 20, 2025

Birch & Oak

Monday 14	Tuesday 15	Wednesday 16	Thursday 17	Friday 18	Saturday 19	Sunday 20
9:00 Fitness Equipment Orientation (W) 10:00 Groceries: Safeway (E) 10:00 StrongerU Strength Class (W) 11:00 Knitting & Crochet Club (C) 1:00 Card Games: Crib* (G) 1:00 StrongerU Stretch Class (W) 2:00 Choir Practice (T) 3:00 Psanky Eggs Part 1 (C) 7:00 Movie Night: Morning Glory (2010 Comedy /Romance) (T)	10:00 StrongerU Balance Class (W) 11:00 Philosophy Club (T) 1:00 Zumba Gold (W) 1:00 Card Games: Euchre* (G) 1:30 Alteration Services (C) 2:00 Live Music: Carmen Ashmead (violin) & Jacqueline Louie (violin) (T) 3:00 Bocce Ball* (T) 3:00 Psanky Eggs Part 2 (C) 7:00 Calgary Flames Game (T) 7:00 Trivia Night (C)	9:30 Woodshop Orientation (WS) 10:00 Sit Fit (W) 10:00 Shopping: Chinook Mall (E) 11:00 Live Music: Lana Eckert (piano) (T) 11:00 Gardening Club: Patio Pot Planning (C) 1:00 Urban Pole Walking (W) 1:00 Card Games: Canasta* (G) 1:00 Bridge Club* (D) 2:00 Easter Cookie Decorating Party (C) 3:00 Bocce Ball* (T) 4:00 Wine Wednesday (G) 7:00 Virtual Concert: Norah Jones (2010 Jazz) (T)	10:00 StrongerU Cardio Class (W) 11:00 Spring Cleaning Swap (C) 1:00 Card Games: Golf* (G) 1:00 StrongerU Stretch Class (W) 2:00 Pet Therapy with Peanut the Rabbit (C) 3:00 Outdoor Sketching (C) 6:15 Excursion: Jubilations Dinner Theatre Presents: Jukebox Heaven Legends Live Forever (E) 7:30 Calgary Flames Game (T)	Good Friday 10:00 StrongerU Balance Class (W) 11:00 Virtual Spiritual Service & Hymn Sing (T) 1:00 Card Games: UNO* (G) 1:00 StrongerU Cardio Class (W) 3:00 Live Presentation: Easter Around the World (T) 7:00 Movie Night: Peter Rabbit (2018 Family/Comedy) (T)	10:00 StrongerU Strength Class (W) 1:00 Card Games: Whist* (G) 1:00 Movie Matinee: The Remains of the Day (1993 Romance /Drama) (T) 7:00 Virtual Concert: Easter Concert by the The Tabernacle Choir (2019) (T)	Dinner Menu Theme: Easter (D) Easter Sunday 10:00 StrongerU Stretch Class (W) 11:00 Virtual Spiritual Service & Hymn Sing (T) 1:00 Card Games: Kings in the Corner* (G) 1:00 Documentary: Dolly Parton - A MusiCares Tribute (2021 Music) (T) 2:00 Easter Egg Hunt (C) 3:00 Bocce Ball* (T) 7:00 Movie Night: Easter Parade (1948 Musical /Drama) (T)

Locations Legend

Theatre (T)	Games Lounge (G)
Wellness Centre (W)	Excursion (E)
Creative Studio (C)	Dining Room (D)
	Woodshop (WS)

Blue: Register at Reception
***Asterisk: Resident Run Program**



Apr 21 – 27, 2025

Birch & Oak

Monday 21	Tuesday 22	Wednesday 23	Thursday 24	Friday 25	Saturday 26	Sunday 27
<p>10:00 Groceries: Superstore (E)</p> <p>10:00 StrongerU Strength Class (W)</p> <p>11:00 Knitting & Crochet Club (C)</p> <p>1:00 Card Games: Crib* (G)</p> <p>1:00 StrongerU Stretch Class (W)</p> <p>2:00 Choir Practice (T)</p> <p>3:00 Oil Pastel Workshop: Spring Flowers (C)</p> <p>7:00 Movie Night: Mary Poppins (1964 Family/Musical) (T)</p>	<p>Earth Day</p> <p>10:00 StrongerU Balance Class (W)</p> <p>10:15 Calgary Public Library Pop Up (L)</p> <p>11:00 Philosophy Club (T)</p> <p>1:00 Zumba Gold (W)</p> <p>1:00 Card Games: Euchre* (G)</p> <p>2:00 Live Music: Deborah Nyack (harp) (T)</p> <p>3:00 Bocce Ball* (T)</p> <p>3:00 Recycled: Underwater Creatures Craft (C)</p> <p>7:00 Movie Night: Testament of Youth (2014 War/Romance) (T)</p> <p>7:00 BINGO Night 50/50 for Charity (C)</p>	<p>10:00 Balance & Fall Prevention (W)</p> <p>10:00 Shopping: Walmart (E)</p> <p>11:00 Gardening Club: Plant Fundraiser Ordering (C)</p> <p>1:00 Urban Pole Walking (W)</p> <p>1:00 Card Games: Canasta* (G)</p> <p>1:00 Bridge Club* (D)</p> <p>2:00 Recreation Town Hall (C)</p> <p>3:00 Bocce Ball* (T)</p> <p>3:00 Abstract Painting (C)</p> <p>4:00 Wine Wednesday (G)</p> <p>7:00 Virtual Concert: The Allman Brothers Band (1982 Blues/Rock) (T)</p>	<p>10:00 StrongerU Cardio Class (W)</p> <p>10:15 Catholic Mass with Rev. Ignatius Tran, St. Gerard's Pastor (T)</p> <p>11:00 TLW Childrens Book: Background Illustrations (C)</p> <p>1:00 Card Games: Golf* (G)</p> <p>1:00 StrongerU Stretch Class (W)</p> <p>3:00 Artist Spotlight: William Rochfort (C)</p> <p>7:00 Movie Night: Philomena (2013 Comedy/Drama) (T)</p>	<p>10:00 StrongerU Balance Class (W)</p> <p>10:30 Excursion: Contemporary Art Gallery Viewing at Esker Foundation and Lunch at Flower & Wolf (E)</p> <p>11:00 Emotional Wellness Series: Mindfulness (T)</p> <p>1:00 Card Games: UNO* (G)</p> <p>3:00 Book Club: I am Hutterite (C)</p> <p>7:00 Movie Night: A Room with a View (1985 Romance/Thriller) (T)</p>	<p>10:00 StrongerU Strength Class (W)</p> <p>1:00 Card Games: Whist* (G)</p> <p>1:00 Movie Matinee: The English Patient (1996 Romance/War) (T)</p> <p>2:00 Line Dancing Lessons (C)</p> <p>7:00 Virtual Concert: Miles Davis Quintet (1964 Jazz) (T)</p>	<p>10:00 StrongerU Stretch Class (W)</p> <p>11:00 Virtual Spiritual Service & Hymn Sing (T)</p> <p>1:00 Card Games: Kings in the Corner* (G)</p> <p>1:00 TV Marathon: The Crown Ep. 1&2 (2016 History) (T)</p> <p>3:00 Bocce Ball* (T)</p> <p>7:00 Movie Night: Mufasa - The Lion King (2024 Adventure/Musical) (T)</p>

Locations Legend

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|---------------------|-----------------|
| Theatre (T) | Games Lounge |
| Wellness Centre (W) | (G) |
| Creative Studio (C) | Excursion (E) |
| | Library (L) |
| | Dining Room (D) |

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***Asterisk: Resident Run Program**