

## Mar 31 – Apr 6, 2025 Memory Care



		1410	inory Co	Retirement Community		
Monday 31	Tuesday 1	Wednesday 2	Thursday 3	Friday 4	Saturday 5	Sunday 6
9:15 Chronicles & Coffee (8D) 9:45 Music with Jimmy (8D) 11:00 StrongerU Balance Class (8R) 2:30 Trivia Game: Are You Smarter Than a Canadian? (8R) 3:30 Giant Darts (8R) 6:30 Calgary Flames Game (8R)	10:00 Scenic Drive (E) 11:00 StrongerU Cardio Class (8R) 2:00 Live Music: Alice Russell (singer) (T) 3:30 Painting Class (8R) 7:00 Calgary Flames Game (8R)	9:45 Chronicles & Coffee (8D) 10:00 Music with Kathryn (8D) 11:00 StrongerU Strength Class (8R) 2:00 High Tea: Royal-TEA (C) 3:00 Indoor Croquet (8R)	10:00 Scenic Drive (E)  11:00 StrongerU Stretch Class (8R)  1:30 Flower Arranging (8R)  2:30 Music with Jimmy (8D)  3:30 Bocce Ball (8R)  7:30 Calgary Flames Game (8R)	9:30 Chronicles & Coffee (8D) 10:00 Jigsaw Puzzles (8D) 11:00 StrongerU Cardio (8R) 1:00 Movie Matinee: Mary Poppins (1964 Family/ Musical) (T) 3:30 Giant Inflatable Bowling	9:30 Weekend Puzzles & Coffee (8D) 11:00 StrongerU Strength Class (8R) 1:30 Badminton (8R) 3:00 Trivia Game: Music (8R) 8:00 Calgary Flames Game (8R)	9:30 Virtual Church Service & Hymn Sing (8D) 11:00 StrongerU Stretch Class (8R) 1:30 Axe Throwing (8R) 3:00 Watercolour Painting (8R)
<u>Locations Legend</u>				(OD)		
8th Floor Recreation Room (8R) 8th Floor Dining Room (8D)	Excursion (E) Theatre (T) Creative Studio (C)					



## **Apr 7 – 13, 2025**Memory Care



			Thory of	Retirement Community		
Monday 7	Tuesday 8	Wednesday 9	Thursday 10	Friday 11	Saturday 12	Sunday 13
9:15 Chronicles & Coffee (8D) 9:45 Music with Jimmy (8D) 11:00 StrongerU Balance Class (8R) 2:30 Dice Game: Left, Right, Centre (8R) 3:30 Giant Darts (8R) 8:30 Calgary Flames Game (8R)	10:00 Scenic Drive (E) 11:00 StrongerU Cardio Class (8R) 2:00 Live Music: Michael Hope (vocals/bass & Antoine St-Onge (bassoon) (T) 3:30 Carnival Games & Popcorn (8R)	9:30 Spring Scattergorie (8D) 10:00 Music with Kathryn (8D) 11:15 StrongerU Strength Class (8R) 1:30 Mini Golf (8R) 2:30 Board Game: Name 3 Things (8R) 8:00 Calgary Flames Game (8R)	•	9:30 Chronicles & Coffee (8D) 10:00 Jigsaw Puzzles (8D) 11:00 StrongerU Cardio (8R) 2:00 Live Music: Peter at the Piano (T) 3:30 Giant Inflatable Bowling (8R) 8:00 Calgary Flames Game (8R)	9:30 Weekend Puzzles & Coffee (8D) 11:00 StrongerU Strength Class (8R) 1:30 Badminton (8R) 3:00 Family Feud (8R)	Hymn Sing (8D)
Locations 8th Floor Recreation Room (8R)	8th Floor Dining Room (8D) Theatre (T) Excursion (E)					