



# Mar 17 – 23, 2025

## Memory Care

Monday 17	Tuesday 18	Wednesday 19	Thursday 20	Friday 21	Saturday 22	Sunday 23
<b>St. Patrick's Day</b> 9:15 St. Patrick's Day Scatergories (8D) 9:45 Music with Jimmy (8D) 11:00 Balance Class (8R) 2:30 St. Patrick's Day Happy Hour (8R) 3:30 Dice Game: Left, Right, Centre (8R) 5:30 Calgary Flames Game (8R)	10:00 Scenic Drive (E) 11:00 StrongerU Cardio Class (8R) 2:00 Live Music: David Hirschman (guitar) & Gerry Hébert (saxophone) (T) 3:30 Soccer Challenge (8R) 5:00 Calgary Flames Game (8R)	9:30 Chronicles & Coffee (8D) 10:00 Music with Kathryn (8D) 11:00 StrongerU Strength Class (8R) 2:00 Live Music: David Morris (guitar and singing) (T) 3:15 Giant Cup Pong Game (8R)	<b>First Day of Spring</b> 10:00 Scenic Drive (E) 11:00 StrongerU Stretch Class (8R) 1:30 "Stained Glass" Butterfly Art (8R) 2:30 Music with Jimmy (8D) 3:30 Inflatable Bocce Ball (8R) 5:00 Calgary Flames Game (8R) 7:00 Live Music: The Durocher's (Irish cello, fiddle and foot tapping) (T)	9:30 Chronicles & Coffee (8D) 10:00 Jigsaw Puzzles (8D) 11:00 StrongerU Cardio (8R) 2:00 Family Feud (T) 3:30 Giant Inflatable Bowling (8R)	9:30 Weekend Puzzles & Coffee (8D) 11:00 StrongerU Strength Class (8R) 1:30 Badminton (8R) 2:00 Calgary Flames Game (8L) 3:00 Movie Music BINGO (8D)	9:30 Virtual Church Service & Hymn Sing (8D) 11:00 StrongerU Stretch Class (8R) 1:30 Axe Throwing (8R) 3:00 Watercolour Painting (8R)

Locations Legend	
8th Floor Recreation Room (8R)	Theatre (T)
8th Floor Dining Room (8D)	Excursion (E)
	8th Floor Living Room (8L)



# Mar 24 – 30, 2025

## Memory Care



Monday 24	Tuesday 25	Wednesday 26	Thursday 27	Friday 28	Saturday 29	Sunday 30
9:15 Chronicles & Coffee (8D) 9:45 Music with Jimmy (8D) 11:00 StrongerU Balance Class (8R) 2:30 Dice Game - Horse Races (8R) 3:30 Giant Darts (8R)	10:00 Scenic Drive (E) 11:00 StrongerU Cardio Class (8R) 2:00 Live Music: Tricia Edwards (piano) & Anastasiia Lykhosherst (violin) (T) 3:30 Air Hockey Tournament (8R) 7:00 Calgary Flames Game (8R)	9:30 Chronicles & Coffee (8D) 10:00 Music with Kathryn (8D) 11:00 StrongerU Strength Class (8R) 2:00 Historic Fashion Show by Memory Lanes Fashions (D) 3:30 Virtual Travel: Wonders of India (8R)	10:00 Scenic Drive (E) 11:00 Stretch Class (8R) 1:30 Tea Around the World: India (8R) 2:30 Music with Jimmy (8D) 3:30 Inflatable Bocce Ball (8R) 7:00 Calgary Flames Game (8R)	<b>Menu Theme: India</b> 9:30 Mandala Colouring (8D) 10:00 Jigsaw Puzzles (8D) 11:00 StrongerU Cardio (8R) 2:00 100th Birthday Party Celebration (8R) 3:30 Giant Inflatable Bowling (8R)	9:30 Weekend Puzzles & Coffee (8D) 11:00 StrongerU Strength Class (8R) 1:30 Badminton (8R) 3:00 Wheel of Fortune (8R) 8:00 Calgary Flames Game (8R)	9:30 Virtual Church Service & Hymn Sing (8D) 11:00 StrongerU Stretch Class (8R) 1:30 Football Target Toss (8R) 3:00 Watercolour Painting (8R)
<b>Locations Legend</b> 8th Floor Recreation Room (8R) 8th Floor Dining Room (8D) Excursion (E) Theatre (T) Dining Room (D)						