






















































# Weekly Menu


































March 24th – March 30th, 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<p><u>SOUPS</u></p> <p>Italian Vegetable <i>50cal 2g sugar</i></p> <p>Split Pea Soup <i>45cal 1g sugar</i></p>	<p><u>SOUPS</u></p> <p>Italian Vegetable <i>50cal 2g sugar</i></p> <p>Turkey and Wild Rice Soup <i>80cal 1g sugar</i></p>	<p><u>SOUPS</u></p> <p>Italian Vegetable <i>50cal 2g sugar</i></p> <p>Cream of Celery Soup <i>60cal 5g sugar</i> </p>	<p><u>SOUPS</u></p> <p>Italian Vegetable <i>50cal 2g sugar</i></p> <p>Tomato Soup <i>50cal 3g sugar</i></p>	<p><u>SOUPS</u></p> <p>Italian Vegetable <i>50cal 2g sugar</i></p> <p>Seafood Chowder <i>190cal 6g sugar</i>   </p>	<p><u>SOUPS</u></p> <p>Italian Vegetable <i>50cal 2g sugar</i></p> <p>Borscht <i>90cal 2g sugar</i></p>	<p><u>SOUPS</u></p> <p>Italian Vegetable <i>50cal 2g sugar</i></p> <p>Corn Chowder <i>10cal 6g sugar</i> </p>
<p><u>LUNCH</u></p> <p>Spinach &amp; Mushroom Ravioli, Rose Bolognese <i>240cal 6g sugar</i>   </p> <p>OR</p> <p>Chicken Pot Pie <i>430cal 7g sugar</i>  </p>	<p><u>LUNCH</u></p> <p>Shrimp Aglio Olio, Greens Salad <i>820cal 4g sugar</i>  </p> <p>OR</p> <p>Croque Madame Sandwich, Fries <i>710cal 5g sugar</i>  </p>	<p><u>LUNCH</u></p> <p>Grilled Chicken Breast, Cottage Cheese, Mango &amp; Pineapple Sticks <i>220cal 21g sugar</i> </p> <p>OR</p> <p>Hearty Beef &amp; Bean Chili, Soft Bun <i>160cal 3g sugar</i></p>	<p><u>LUNCH</u></p> <p>Salmon Burger, Sweet Potato Fries <i>830cal 13g sugar</i>   </p> <p>OR</p> <p>Sausage Jambalaya <i>390cal 6g sugar</i></p>	<p><u>LUNCH</u></p> <p>Caesar Wrap, Fries <i>740cal 0g sugar</i>    </p> <p>OR</p> <p>Seafood Cake, Greens Salad <i>370cal 3g sugar</i>    </p>	<p><u>LUNCH</u></p> <p>Macaroni &amp; Cheese <i>300cal 4g sugar</i>   </p> <p>OR</p> <p>Sloppy Joe Beef Sandwich, Potato Salad <i>460cal 6g sugar</i>  </p>	<p><u>LUNCH</u></p> <p>Hawaiian Pita Pizza <i>320cal 9g sugar</i>  </p> <p>OR</p> <p>Smoked Salmon on Bagel with Cream Cheese <i>430cal 3g sugar</i>   </p>
<p><u>DESSERT</u></p> <p>Apple Dumplings <i>320cal 34g sugar</i>  </p>	<p><u>DESSERT</u></p> <p>Fresh Fruit with Almond Custard <i>200cal 31g sugar</i>   </p>	<p><u>DESSERT</u></p> <p>Chocolate Mousse <i>420cal 30g sugar</i>  </p>	<p><u>DESSERT</u></p> <p>Macaroon Bar <i>280cal 26g sugar</i>   </p>	<p><u>DESSERT</u></p> <p>Mandarins and Whipped Cream <i>130cal 16g sugar</i> </p>	<p><u>DESSERT</u></p> <p>Brie and Apricot Puff Pastry <i>350cal 8g sugar</i>   </p>	<p><u>DESSERT</u></p> <p>Blueberry Buckle <i>280cal 26g sugar</i>   </p>

Soup, Greens Salad or Caesar Salad Available with Lunch and Dinner, Followed by In House Made Dessert

# Weekly Menu

March 24th – March 30th, 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY Indian Theme Dinner	SATURDAY	SUNDAY
<p><u>DINNER</u></p> <p>Honey Mustard Pork Chops <i>190cal 7g sugar</i> </p> <p>OR</p> <p>Swiss Steak with Mushroom Sauce <i>240cal 1g</i></p>	<p><u>DINNER</u></p> <p>Roasted Herbed Chicken Drumsticks <i>250cal 0g</i></p> <p>OR</p> <p>Seared Salmon, Dill Sauce <i>170cal 2g sugar</i>  </p>	<p><u>DINNER</u></p> <p>Italian Beef &amp; Lamb Polpettone <i>370cal 9g sugar</i>  </p> <p>OR</p> <p>Sole Meuniere <i>160cal 0g sugar</i> </p>	<p><u>DINNER</u></p> <p>Creamy Mushroom Garlic Chicken with Egg Noodles <i>190cal 1g sugar</i>   </p> <p>OR</p> <p>Veal Scaloppini, Marsala Sauce <i>350cal 35g</i></p>	<p></p> <p><u>DINNER</u></p> <p>Amritsari Haddock Indian Style Battered Fish </p> <p>OR</p> <p>Kadai Chicken Curry Served on Basmati Rice with Naan (Mild)</p> <p></p>	<p><u>DINNER</u></p> <p>Chicken Lemon Piccata <i>510cal 3g sugar</i></p> <p>OR</p> <p>BBQ Pork Ribs <i>400cal 36g sugar</i> </p>	<p><u>DINNER</u></p> <p>Roasted Herbed Pork Loin, Onion Gravy <i>120cal 0g sugar</i></p> <p>OR</p> <p>Braised Beef Brisket Tacos, Pico and Sour Cream <i>320cal 6g sugar</i>  </p>
<p><u>DESSERT</u></p> <p>Chocolate Bread Pudding <i>180cal 14g sugar</i>   </p>	<p><u>DESSERT</u></p> <p>Tiramisu <i>210cal 10g sugar</i>  </p>	<p><u>DESSERT</u></p> <p>Apple Brown Betty <i>150cal 23g sugar</i>  </p>	<p><u>DESSERT</u></p> <p>Red Velvet Cake <i>350cal 35g sugar</i>   </p>	<p></p> <p><u>DESSERT</u></p> <p>Rice Kheer </p> <p>(Indian Rice Pudding with Cardamom and Raisins)</p>	<p><u>DESSERT</u></p> <p>German Chocolate Cake <i>350cal 42g sugar</i>    </p>	<p><u>DESSERT</u></p> <p>Apple Pie <i>180cal 16g sugar</i>  </p>

Feature Potato: Roasted

Sweet Potato

- Soup, Greens Salad or Caesar Salad Available with Lunch and Dinner, Followed by In House Made Dessert

## ALLERGENS



Egg



Fish



Dairy



Mustard



Peanut



Sesame



Soy



Tree Nuts



Wheat



Crustaceans