



Feb 17 – 23, 2025

Memory Care



Monday 17	Tuesday 18	Wednesday 19	Thursday 20	Friday 21	Saturday 22	Sunday 23
Family Day 9:15 Chronicles & Coffee (8D) 9:45 Music with Jimmy (8D) 11:00 Balance Class (8R) 1:30 Sing Along: Black History Month (8D) 2:30 Dice Game - One and Done (8R) 3:30 Giant Darts (8R)	10:00 Scenic Drive (E) 11:00 StrongerU Cardio Class (8R) 1:00 Card Games: Euchre (G) 2:00 Live Music: Elisa Milner (violin) & Diane Lane (violin) (T) 3:30 Coffee & Colouring Social (8R)	9:30 Chronicles & Coffee (8D) 10:00 Music with Kathryn (8D) 11:00 StrongerU Strength Class (8R) 2:00 High Tea: Willy Wonka & the Chocolate Factory (C) 3:00 Mini Golf (8R)	10:00 Scenic Drive (E) 11:00 StrongerU Stretch Class (8R) 1:30 5 Second Rule Game (8D) 2:30 Music with Jimmy (8D) 3:30 Inflatable Bocce Ball (8R)	9:30 Chronicles & Coffee (8D) 10:00 Jigsaw Puzzles (8D) 11:00 StrongerU Cardio (8R) 2:00 Live Music: Lana Eckert (piano) (T) 3:30 Giant Inflatable Bowling (8R)	9:30 Weekend Puzzles & Coffee (8D) 11:00 Strength Class (8R) 1:30 Badminton (8R) 3:00 Trivia (8R)	9:30 Virtual Church Service & Hymn Sing (8D) 11:00 StrongerU Stretch Class (8R) 1:30 Axe Throwing (8R) 3:00 Watercolour Painting (8R) 6:00 Calgary Flames Game (8R)

Locations Legend

8th Floor Recreation Room (8R)	Excursion (E)
8th Floor Dining Room (8D)	Theatre (T)
	Games
	Lounge (G)
	Creative Studio (C)



Feb 24 – Mar 2, 2025

Memory Care



Monday 24	Tuesday 25	Wednesday 26	Thursday 27	Friday 28	Saturday 1	Sunday 2
9:15 Chronicles & Coffee (8D) 9:45 Music with Jimmy (8D) 11:00 Balance Class (8R) 1:30 Reminiscing Board Craft (8D) 2:30 Dice Game - First to 25 (8R) 3:30 Giant Darts (8R)	10:00 Scenic Drive (E) 11:00 StrongerU Cardio Class (8R) 1:00 Card Games: Euchre (G) 2:00 Live Music: Tricia Edwards (piano), Jeff Gammon (bass) & Keith O'Rourke (saxophone) (T) 3:00 TLW Staff Baby Shower Celebration (C) 5:00 Calgary Flames Game (8R)	9:30 Chronicles & Coffee (8D) 10:00 Music with Kathryn (8D) 11:00 StrongerU Strength Class (8R) 1:30 Mini Golf (8R) 3:00 Java Music Club (8R)	10:00 Scenic Drive (E) 11:00 StrongerU Stretch Class (8R) 1:30 Watercolour Birds (8R) 2:30 Music with Jimmy (8D) 3:30 Inflatable Bocce Ball (8R) 5:00 Calgary Flames Game (8R) 7:00 Live Performance: Kelly the Sand Artist (T)	9:30 Chronicles & Coffee (8D) 10:00 Jigsaw Puzzles (8D) 11:00 StrongerU Cardio (8R) 1:45 Movie Matinee: Willy Wonka & the Chocolate Factory (1971 Family/Musical) (T) 3:30 Giant Inflatable Bowling (8R)	9:30 Weekend Puzzles & Coffee (8D) 11:00 StrongerU Strength Class (8R) 1:30 Badminton (8R) 3:00 Who Sang It: Tennessee Ernie Ford or Johnny Cash? (8D)	9:30 Virtual Church Service & Hymn Sing (8D) 11:00 StrongerU Stretch Class (8R) 1:30 Football Target Toss (8R) 3:00 Watercolour Painting (8R)

Locations Legend

8th Floor Recreation Room (8R)	Theatre (T)
8th Floor Dining Room (8D)	Excursion (E)
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	Lounge (G)
	Creative Studio (C)