

## April 15 - 21 Memory Care



Retirement	Community
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					Retirement Community		
Monday 15	Tuesday 16	Wednesday 17	Thursday 18	Friday 19	Saturday 20	Sunday 21	
9:30 Jigsaw Puzzle & Coffee (8D) 10:00 Short Story Read Aloud (8L) 11:00 Fit Ball (8L) 2:00 Choir Practice (T) 3:00 Bocce Ball (8R) 4:00 Card BINGO (8R)	9:30 Visual Puzzle & Coffee (8D) 10:00 Scenic Drive (E) 11:00 Dance Fit (8L) 2:00 Live Music: Tom Megee (cello) & Robert Penner (violin) (T) 3:15 Flower Arranging (8D) 8:00 Calgary Flames Game (8R)	9:30 Word Search & Coffee (8D) 10:00 Read Aloud: Vinyl Cafe (8R) 11:00 Exercise with Bands (8R) 1:30 Mini Golf (8R) 3:30 Music with Jimmy (8D)	9:30 Crosswords & Coffee (8D) 10:00 Scenic Drive (E) 11:00 Tai Chi (8R) 1:30 Java Music Club (8R) 3:00 Bocce Ball (8R) 4:00 Dice Games (8R) 7:00 Calgary Flames Game (8R)	9:30 Chronicles & Coffee (8D) 10:00 Baking (8D) 11:00 Exercise Band & Ball (8R) 1:30 Movie Matinee: The Fundamentals of Caring (2016 Comedy) (T) 3:00 Bowling (8R) 4:00 Card Games (8R) 7:00 Sci-fi Movie Marathon: The Da Vinci Code (2006 Thriller/ Mystery) (T)	9:30 Word Search & Coffee (8D) 10:00 Read Aloud: Vinyl Cafe (8L) 11:00 Sit Fit (8R) 1:30 Badminton (8R) 3:00 Watercolour Painting (8R) 4:00 Obie Games (8R)	9:30 Crosswords & Coffee (8D) 10:00 Virtual Spiritual Service & Hymn Sing (8R) 11:00 Ladder Ball (8R) 2:00 Qi Dance (8R) 3:00 Nature Collage (8R) 4:00 Obie Games (8R)	
Locations Legend							
8th Floor Recreation Room (8R) 8th Floor Dining Room (8D)	8th Floor Living Room (8L) Theatre (T) Excursion (E)						



## April 22 - 28 Memory Care



**Retirement Community** 

Monday 22	Tuesday 23	Wednesday 24	Thursday 25	Friday 26	Saturday 27	Sunday 28
Earth Day 9:30 Jigsaw Puzzle & Coffee (8D) 10:00 Short Story Read Aloud (8L) 11:00 Exercise with Bands (8L) 2:00 Choir Practice (T) 3:00 Bocce Ball (8R) 4:00 BINGO: Plant Prizes! (8L)	9:30 Visual Puzzle & Coffee (8D) 10:00 Scenic Drive (E) 11:00 Dance Fit (8L) 2:00 Live Music: Darcy Stamp (violin) (T) 3:15 Shuffleboard (8R) 4:00 Trivia (8L)	9:30 Word Search & Coffee (8D) 10:00 Virtual Travel: Rick Steves' London, England (8R) 11:00 Qi Ball (8L) 1:30 Mini Golf (8R) 3:30 Music with Jimmy (8D)	9:30 Crosswords & Coffee (8D) 10:00 Scenic Drive (E) 11:00 Tai Chi (8R) 2:00 Live Music: Peter at the Piano (T) 3:30 Bocce Ball (8R) 4:00 Dice Games (8R)	9:30 Chronicles & Coffee (8D) 10:00 Baking (8D) 11:00 Exercise Band & Ball (8R) 1:30 Plant & Sip Party (8R) 3:00 Bowling (8R) 4:00 Card Games (8R)	9:30 Word Search & Coffee (8D)  10:00 Read Aloud: Vinyl Cafe (8L)  11:00 Exercise with Bands (8R)  1:30 Badminton (8R)  3:00 Watercolour Painting (8R)  4:00 Obie Games (8R)	9:30 Crosswords & Coffee (8D) 10:00 Virtual Spiritual Service & Hymn Sing (8R) 11:00 Corn Hole (8R) 2:00 Qi Dance (8R) 3:00 Paper Crafting (8R) 4:00 Obie Games (8R)
Locations Legend						
8th Floor Recreation Room (8R) 8th Floor Dining Room (8D)	8th Floor Living Room (8L) Theatre (T) Excursion (E)					