

## Volunteer Position: The Buddy

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### About Trico LivingWell:

Trico LivingWell is a retirement living community in Kingsland, Calgary and Canada's first aging in place community pursuing the vigorously vetted WELL v2™ Certification from International WELL Building Institute - a premier framework and performance-based system for buildings with features that advance human health and well-being worldwide. Trico LivingWell offers a campus of care and services to independent living, assisted living, and memory care accommodations respectful to individual rights, choices, needs, abilities and enjoyment.

We are always looking for volunteers to join our community. Our success is your success. Want to join our team?

### Volunteer Role Summary:

Reporting to the Recreational Programming Lead, the Volunteer Buddy would be a social companion to our residents, one on one! Bond with our residents while enjoying a friendly competition, going on a walk, or simply swapping stories. The excitement for the day is up to you, and the resident of course!

### Key Responsibilities:

- Initiate buddy bonding through recreation with residents in small groups or 1:1.
- Bring residents to daily recreation programs and enjoy them together.
- Other duties and tasks as required.

### Qualifications:

- Have clear communication and empathetic ability to establish therapeutic relationships.
- Must be fluent in both written and spoken English, other language proficiencies will be considered an asset.
- A current (within 6 months) Police Clearance and Vulnerable Sector Screening.
- Trico LivingWell provides care for at-risk client population, and we are committed to keeping our residents and staff safe. All volunteers are required to be vaccinated against both COVID and the influenza variants. Efforts will be made to accommodate anyone who requires accommodation for medical or religious reasons but not guaranteed given the nature of our workplace.