



October 16 - 22

Memory Care

Monday 16	Tuesday 17	Wednesday 18	Thursday 19	Friday 20	Saturday 21	Sunday 22
9:00 Obie Games (8L) 11:00 Sit Fit (8R) 1:00 Badminton (8R) 4:00 Game Night: Pick Your Poison (8R) 5:00 Calgary Flames Game (8R) 8:00 Movie Night: Clue (1985 Drama/Mystery) (T)	11:00 Dance Fit (8L) 1:00 Walking Club (8R) 3:00 Obie Games (8R) 4:00 Jeopardy (8L) 7:00 Virtual Concert: Josh Groban (2015 Musical Hits) (T)	11:00 Exercise with Bands (8L) 1:00 Chair Kickball (8L) 4:00 Watercolour Painting (C) 7:00 Movie Night: Big George Foreman (2023 Biography/Drama) (8R)	9:00 Influenza & COVID Onsite Vaccine Clinic * 11:00 Tai Chi (8L) 2:00 Bocce Ball (8R) 3:00 Fall Baking (8L) 5:00 Calgary Flames Game (8R) 6:00 Hot Chocolate Social (8L) 7:00 Movie Night: The Fabelmans (2022 Drama) (8L)	10:15 Vinyl Cafe Read Aloud (8L) 11:00 Urban Pole Walking (8L) 1:00 Bowling (8R) 3:00 Bocce Ball (T) 4:00 Dice Game: Stuck in the Mud (8R) 5:00 Calgary Flames Game (8R) 7:00 Obie Game Night (8L) 7:00 Movie Night: Oz the Great and Powerful (2013 Fantasy/Adventure) (8L)	10:00 Documentary Judy Garland (8R) 11:00 Drumming Exercise /Pound (8R) 1:00 Music with Lori (8L) 2:00 Halloween Music BINGO (C) 3:00 Shuffleboard (8R) 7:00 Virtual Concert: Judy, Frank, and Dean: Once in a Lifetime (1963) (8L)	10:00 Virtual Spiritual Service & Hymn Sing (8L) 11:00 Ladder Ball (8R) 2:00 Sit Fit & Stretch (8R) 3:00 Calgary Flames Game (8R) 7:00 Virtual Show: Halloween Projections & Lights (T)
<u>Locations Legend</u> 8th Floor Recreation Room (8R) 8th Floor Living Room (8L)						
Theatre (T) Creative Studio (C)						



October 23 - 29

Memory Care



Monday 23	Tuesday 24	Wednesday 25	Thursday 26	Friday 27	Saturday 28	Sunday 29
9:00 Obie Games (8L) 10:00 Halloween Decorating (8L) 11:00 Exercise with Bands (8L) 1:00 Badminton (8R) 2:00 Choir Practice (T) 3:00 Pumpkin Patch & Apple Cider Social (7P) 4:00 BINGO Night (8L) 7:00 Movie Night: Psycho (1960 Horror/ Mystery) (8L)	11:00 Dance Fit (8L) 1:00 Walking Club (8R) 2:00 Live Music: Marcin Swoboda (viola) & Sara Hahn-Scinocco (flute) (T) 3:00 Obie Games (8R) 3:00 Pumpkin Patch & Apple Cider Social (8P) 4:00 Trivia (8L) 7:00 Halloween Movie Marathon: Edward Scissorhands (1990 Drama/ Fantasy) (8L) 7:45 Calgary Flames Game (8R)	11:00 Drumming (8L) 1:00 Chair Kickball (8L) 4:00 Pumpkin Painting (8R) 7:00 Halloween Movie Marathon: Hocus Pocus (1993 Fantasy /Family) (T)	10:00 Word Search Challenge (8L) 11:00 Tai Chi (8L) 2:00 Bocce Ball (8R) 4:00 Burro Card Game (8R) 6:00 Tea Party (8L) 7:00 Halloween Movie Marathon: Murder on the Orient Express (2017 Mystery /Thriller) (8L) 7:00 Calgary Flames Game (8R)	10:00 Halloween Tic-Tac-Toe (8R) 11:00 Fit Ball (8L) 1:00 Bowling (8R) 2:00 Emerald City Fascinators (C) 3:00 Pumpkin Carving (C) 3:00 Pumpkin Seed Roasting (C) 3:00 Bocce Ball (T) 7:00 Obie Game Night (8L) 7:00 Halloween Movie Marathon: Casper (1995 Fantasy /Comedy) (8L)	10:00 Manicures and Music (8L) 11:00 Sit Fit (8R) 1:00 Shuffleboard (8R) 3:00 Carmel Apple Bar (C) 7:00 Halloween Movie Marathon: Beetlejuice (1988 Comedy /Fantasy) (8L)	10:00 Virtual Spiritual Service & Hymn Sing (8L) 11:00 Ladder Ball (8R) 2:00 Dance Fit & Stretch (8R) 3:00 Ghost Lollipop Making (8R) 5:00 Calgary Flames Game (8R) 7:00 Halloween Movie Marathon: Haunted Mansion (2023 Comedy /Fantasy) (8L)
<u>Locations Legend</u> 8th Floor Living Room (8L) 8th Floor Recreation Room (8R) Theatre (T) Creative Studio (C) 7th Floor Patio (7P) 8th Floor Patio (8P)						